

**Notification of transactions by persons discharging  
managerial responsibilities and persons closely associated with them**

|          |  |   |                           |
|----------|--|---|---------------------------|
| <b>1</b> | <b>Details of the person discharging managerial responsibilities/person closely associated</b>   |   |                           |
| a)       | Name   | Lars H. Barstad   |                           |
| <b>2</b> | <b>Reason for the notification</b>   |   |                           |
| a)       | Position/status  | CEO of Frontline Management AS  |                           |
| b)       | Initial notification/<br>Amendment   | Initial notification  |                           |
| <b>3</b> | <b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>   |   |                           |
| a)       | Name   | Frontline plc   |                           |
| b)       | LEI  | 5493004BCIKYU1YL3H63  |                           |
| <b>4</b> | <b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b> |   |                           |
| a)       | Description of the financial instrument, type of instrument  | Synthetic options giving a right to cash settlements depending on the development of the company's share price.   |                           |
|          | Identification code  | ISIN: CY0200352116  |                           |
| b)       | Nature of the transaction  | Lars H. Barstad has on May 27 <sup>th</sup> , 2025, been granted 115,509 synthetic options in Frontline plc (the "Company") approved by the Board of Directors of the Company on May 27 <sup>th</sup> , 2025. |                           |
| c)       | Price(s) and volume(s)   | <b>Price(s)</b>   | <b>Volume(s)</b>          |
|          |  | NOK 0   | 115,509 synthetic options |
| d)       | Aggregated information<br>— Aggregated volume<br>— Price   | 115,509 synthetic options<br>NOK 0  |                           |
| e)       | Date of the transaction  | May 27 <sup>th</sup> , 2025   |                           |
| f)       | Place of transaction   | Off market  |                           |

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|----------|--|---|--------------------------|
| <b>1</b> | <b>Details of the person discharging managerial responsibilities/person closely associated</b>   |   |                          |
| a)       | Name   | Inger M. Klemp  |                          |
| <b>2</b> | <b>Reason for the notification</b>   |   |                          |
| a)       | Position/status  | CFO of Frontline Management AS  |                          |
| b)       | Initial notification/<br>Amendment   | Initial notification  |                          |
| <b>3</b> | <b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>   |   |                          |
| a)       | Name   | Frontline plc   |                          |
| b)       | LEI  | 5493004BCIKYU1YL3H63  |                          |
| <b>4</b> | <b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b> |   |                          |
| a)       | Description of the financial instrument, type of instrument  | Synthetic options giving a right to cash settlements depending on the development of the company's share price.   |                          |
|          | Identification code  | ISIN: CY0200352116  |                          |
| b)       | Nature of the transaction  | Inger M. Klemp has on May 27 <sup>th</sup> , 2025, been granted 86,632 synthetic options in Frontline plc (the "Company") approved by the Board of Directors of the Company on May 27 <sup>th</sup> , 2025. |                          |
| c)       | Price(s) and volume(s)   | <b>Price(s)</b>   | <b>Volume(s)</b>         |
|          |  | NOK 0   | 86,632 synthetic options |
| d)       | Aggregated information<br>— Aggregated volume<br>— Price   | 86,632 synthetic options<br>NOK 0   |                          |
| e)       | Date of the transaction  | May 27 <sup>th</sup> , 2025   |                          |
| f)       | Place of transaction   | Off market  |                          |