

# KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

**FINANSTILSYNET**  
THE FINANCIAL SUPERVISORY  
AUTHORITY OF NORWAY

## The person liable:

- PDMR       Closely associated person (natural person)       Closely associated person (legal person)

## Info about the one who reports

Last name: TRAAHOLT  
First name: KNUT  
Business name:

## About PDMR

Last name: SAKMAR  
First name: SUSAN  
Position / role: Board Member / Director

## Initial notification or amendment to prior notification

- Initial       Amendment

## Details about the issuer or emission allowance market participant

Business name: Flex LNG Ltd  
LEI number: 21380084THHU3MPC3647

Skjemaversjon: 46345

4/3/2023 8:40:39 AM AR545335553

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## Description of the financial instrument/type of instrument

Instrument

ISIN code

Name of the financial instrument

## Nature of the transaction

Transaction type

## Share option program

The transaction is linked to an exercise of a share option program  Yes  No

## Currency of the transaction

Currency

## Price(s) and volume(s)

Price per unit

Volume

## Aggregated information

Average price per unit

Aggregated volume

Total amount

## Date of the transaction

Date

## Place of the transaction

Trading venue

Other trading venue

Market Identifier Code (MIC)

## Comment