6/28/2022 1:38:31 PM AR496124382

FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

O PDMR	Closely associated person (natural person) Closely associated person (legal person)
Info about the one who re	eports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
Closely associated person	ı (legal person)
Business name	FRAMAR AS
Org no.	989047159
Business name	FRAMAR AS
LEI code	549300RY1F6VLURHLC55
About PDMR Last name	Lerøy
Last name	Lerøy
First name	Ole-Eirik
Position / Role	Mowi Chairman
Initial notification or ame	endment to prior notification
Initial	Amendment
Explenation of amendment	
Revised date	
Details about the issuer or	emission allowance market participant
Business name	Mowi ASA
LEI number	549300W1OGQF5LZIH349
Business name LEI number maversjon: 46345	

6/28/2022 1:38:31 PM AR496124382



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument	'		
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and of the American street			
Currency of the transaction	Nev		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		

FINANSTILSYNET
THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY

The person liable:	
PDMR	Closely associated person (natural person) Closely associated person (legal person)
Info about the one	e who reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
About PDMR	
Last name	MELHUUS
First name	KRISTIAN
Position / role	Mowi Board member
	or amendment to prior notification
O Initial	Amendment
Explenation of amen	idment
Revised date	
Details about the is	ssuer or emission allowance market participant
Business name	Mowi ASA
LEI number	549300W1OGQF5LZIH349



persons closely associa		AUTHORITY OF NORWAY
Description of the financial instru	ument/type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Nature of the transaction		
Transaction type	Acquisition	
Share option program		0.11
The transaction is linked to an excer	rsise of a share option program	○ Yes ● No
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	227.93	
Volume	263	
Aggregated information		
Average price per unit	227.93000	
Aggregated volume	263	
Total amount	59 945.590000	
	39 943.390000	
Date of the transaction	la con conn	
Date	6/28/2022	
Place of the transaction		
Trading venue	XOSL - Oslo Børs	

FINANSTILSYNET	ĺ
THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY	

The person liable:		
PDMR	Closely associated person (natural person) Closely associated person person)	on (legal
Info about the on	e who reports	
Last name	GALTUNG DØSVIG	
First name	KIM	
Business name		
About PDMR		
Last name	FREDRIKSEN	
First name	KATHRINE ASTRUP	
Position / role	Mowi Board member	
Initial notification	or amendment to prior notification Amendment 	
Explenation of ame		
Revised date		
Details about the i	ssuer or emission allowance market participant	
Business name	Mowi ASA	
LEI number	549300W1OGQF5LZIH349	

6/28/2022 1:44:49 PM AR496126435



escription of the financial instru	ment/type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Nature of the transaction		
Transaction type	Acquisition	
Share option program The transaction is linked to an excer	raise of a chare ention program	O Voc
The transaction is linked to an excer	sise of a Stiate option program	○ Yes ● No
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	227.93	
Volume	263	
Aggregated information		
Average price per unit	227.93000	
Aggregated volume	263	
Total amount	59 945.590000	
Date of the transaction		
Date	6/28/2022	
Place of the transaction		
Trading venue	XOSL - Oslo Børs	

6/28/2022 1:52:03 PM AR496129048

FINANSTILSYNET
THE FINANCIAL SUPERVISORY

O PDMR	Closely associated person (natural person) Closely associated person (legal person)
Info about the one who	reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
Closely associated perso	on (legal person)
Business name	RATIONALIS AS
Org no.	914194407
Business name	RATIONALIS AS
LEI code	254900L61F816MM5FL15
First name Position / Role	Peder Mowi Board member
Initial notification or an Initial Initial Explenation of amendment	nendment to prior notification
Revised date	
Details about the issuer of	or emission allowance market participant
	Mowi ASA
LEI number	549300W1OGQF5LZIH349
Business name LEI number maversjon: 46345	

6/28/2022 1:52:03 PM AR496129048



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument			
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and the American street			
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		

FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The person liable:	
PDMR	Closely associated person (natural person) Closely associated person (legal person)
Info about the or	e who reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
About PDMR	
Last name	Chalaczkiewicz
First name	Michal
Position / role	Mowi Board member
	or amendment to prior notification
Initial	Amendment
Initial Explenation of ame	Amendment
Initial	Amendment
Initial Explenation of ame	Amendment
Initial Explenation of ame Revised date	Amendment
Initial Explenation of ame Revised date	Amendment Indment

6/28/2022 1:54:25 PM AR496130172



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument	'		
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and of the American street			
Currency of the transaction	Nev		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		

FINANSTILSYNET
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The person liable:	
PDMR	Closely associated person (natural person)Closely associated person (legal person)
Info about the one	who reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
About PDMR	
Last name	NÆRØ
First name	LISBET KARIN
Position / role	Mowi Board member
Initial notification	or amendment to prior notification
Initial	Amendment
Details about the is	uer or emission allowance market participant
Business name	Mowi ASA
Dasiness name	

6/28/2022 12:55:13 PM AR496108097



	Share		
ISIN code	NO0003054108		
Name of the financial instrument			
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an exc	cersise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
A server and a different allow			
Aggregated information Average price per unit	227 02000		
Aggregated volume	227.93000		
Total amount	263		
	59 945.590000		
Date of the transaction	T		
Date	6/28/2022		
Place of the transaction			

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THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY	

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The person liable:		
PDMR	Closely associated perso person)	on (natural Closely associated person (legal person)
Info about the one	who reports	
Last name	GALTUNG DØ	ÚSVIG
First name	KIM	
Business name		
About PDMR		
Last name	LARSEN	
First name	RENATE	
Position / role	Mowi Board n	nember
Tuitial notification		nation .
Initial notification	or amendment to prior notifice Amendment	ation
Tillida	Amendment	
Details about the is	suer or emission allowance m	arket participant
Business name	Mowi ASA	



sons discharging manag d persons closely associa	gerial responsibilities (PDMR) ated with them	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
Description of the financial instr	ument/type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an exce	rsise of a share option program	○ Yes ● No
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	227.93	
Volume	263	
Aggregated information		
Average price per unit	227.93000	
Aggregated volume	263	
Total amount	59 945.590000	
Date of the transaction		
Date	6/28/2022	
Place of the transaction		
Trading venue	XOSL - Oslo Børs	

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The person liable:			
PDMR	Closely associ person)	iated person (natural	Closely associated person (legal person)
Info about the one	who reports		
Last name	G.	ALTUNG DØSVIG	
First name	KI	M	
Business name			
About DDMD			
About PDMR Last name	DA/F	TNICAARD	
		ENGAARD	
First name	JØI	RGEN JOHANNESSEN	
Position / role	Мо	wi Board member	
Initial notification	or amendment to p	rior notification	
Initial	Amendme	nt	
Details about the is	ssuer or emission all	owance market partici	pant
Business name		Mowi ASA	

6/28/2022 2:23:49 PM AR496139359



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument			
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and the American street			
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		

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The person liable:		
PDMR	Closely associated p person)	person (natural Closely associated person (legal person)
Info about the one	who reports	
Last name	GALTUNG	G DØSVIG
First name	KIM	
Business name		
About PDMR		
Last name	ANDERSE	EN .
First name	MARIANN	IE
Position / role	Mowi Boa	ard member
Initial notification	or amendment to prior no	otification
Initial	Amendment	
Details about the is	suer or emission allowand	ce market participant
	Marri	ACA
Business name	Mowi	ASA

6/28/2022 2:26:10 PM AR496140057



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument			
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and Alba Aman and Alban			
Currency of the transaction	New		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		

FINANSTILSYNET
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AUTHORITY OF NORWAY

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The person liable:		
PDMR	Closely associated person)	on (natural Closely associated person (legal person)
Info about the one	who reports	
Last name	GALTUNG D	 ØSVIG
First name	KIM	
Business name		
About PDMR		
Last name	PETTERSEN	
First name	ROGER AND	RE
Position / role	Mowi Board	member
Initial notification	or amendment to prior notif	ication
Initial	Amendment	
Details about the is	suer or emission allowance i	narket participant
Business name	Mowi AS	A
	•	

6/28/2022 2:28:10 PM AR496140720



Instrument	Share		
ISIN code	NO0003054108		
Name of the financial instrument			
Nature of the transaction			
Transaction type	Acquisition		
Share option program			
The transaction is linked to an ex	ccersise of a share option program	○ Yes	No
Common and Alba Aman and Alban			
Currency of the transaction	New		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	227.93		
Volume	263		
Aggregated information			
Average price per unit	227.93000		
Aggregated volume	263		
Total amount	59 945.590000		
Date of the transaction			
Date	6/28/2022		
Place of the transaction			
Trading venue	XOSL - Oslo Børs		