

Ipsen launches educational initiative to support teens and young adults moving from pediatric to adult healthcare

- 45 percent of 18- to 29-year-olds do not have a primary care physician.¹ For patients with chronic conditions, the consequences can be significant.²
- Resources for parents, teens and young adults available at [Healthcare-Shift.com](https://www.healthcare-shift.com)

CAMBRIDGE, MA, 23 OCTOBER 2025 – Ipsen, a global biopharmaceutical company, today announced a new initiative aimed at increasing awareness and education around the transition from pediatric to adult healthcare, which typically occurs around ages 18 to 21 and for which many teens and families may be unprepared.³

Through [Healthcare-Shift.com](https://www.healthcare-shift.com), the company will provide education to build a better understanding of what the move to adult care means for teens along with resources for parents and kids to start building the skills needed to take charge of their healthcare beginning earlier in childhood.

“In the U.S., when a person turns 18, they’re considered a legal adult, and there are many changes that happen in the healthcare system related to that.⁴ The trouble is, we don’t prepare parents and kids for that transition in the way that we anticipate the shift from high school to college or work,” says Susan Shanske, Clinical Social Worker and Director, Transitional Care Support, BRIDGES Adult Transition Program at Boston Children’s Hospital. “Yet that shift from pediatric to adult care can be just as disruptive and can result in young adults not getting the healthcare they need.”

The hand-off from pediatric to adult healthcare, the complexity of the U.S. health insurance system and the challenges of chronic conditions combined represent a serious risk for teens and young adults to manage.⁵ According to a 2018 national poll of 1,200 randomly selected adults, 45 percent of 18- to 29-year-olds do not have a primary care physician¹, who is often the front line for access to most types of healthcare in the U.S. For patients with chronic conditions, the consequences can be significant.

“Through our work in rare pediatric conditions, we’ve seen how critical it is for teens and young adults to feel supported in moving from pediatric to adult care,” said Keira Driansky, EVP and President of North America at Ipsen. “By offering families and providers tools to start these conversations earlier, kids develop the lifelong skills needed to manage their own health with confidence.”

[Healthcare-Shift.com](https://www.healthcare-shift.com) is designed with resources that facilitate age-appropriate conversations between parents and kids to help kids take a more active role in their healthcare and prepare to step into the primary role around age 18. Resources include:

- **Big Kids:** Beginning in elementary school, parents can help their children start to think about their health and learn to speak up at the doctor’s office. Education is offered via tools and games to use with trusted grownups that introduces this concept in an age-appropriate way

- **Teens and Young Adults:** When the move to adult care is imminent, it's time to quickly get up to speed as the boss of your own healthcare. Through “watch together” videos, appointment guides and a healthcare shift checklist of essential information, teens and young adults can develop a plan that works
- **Caregivers:** Teaching children the skills needed to advocate for their own health and wellness is just as important as learning to read, drive or use a bank account. Videos, information and a conversation guide for caregivers offers easy-to-implement ideas for getting underway.

About Ipsen

We are a global biopharmaceutical company with a focus on bringing transformative medicines to patients in three therapeutic areas: Oncology, Rare Disease and Neuroscience.

Our pipeline is fueled by internal and external innovation and supported by nearly 100 years of development experience and global hubs in the U.S., France and the U.K. Our teams in more than 40 countries and our partnerships around the world enable us to bring medicines to patients in more than 100 countries.

Ipsen is listed in Paris (Euronext: IPN) and in the U.S. through a Sponsored Level I American Depositary Receipt program (ADR: IPSEY). For more information, visit [ipсен.com](https://www.ipсен.com).

Ipsen Media Contact

Sally Bain sally.bain@ipсен.com – +1 (857) 320-0517

¹ KFF. One-fourth of adults and nearly half of adults under 30 don't have a primary care doctor [Internet]. 2019 Feb 8 [cited 2025 Aug 4]. Available from: <https://www.kff.org/other/slide/one-fourth-of-adults-and-nearly-half-of-adults-under-30-dont-have-a-primary-care-doctor/>

² Varty M, Speller-Brown B, Phillips L, Kelly KP. Youths' Experiences of Transition from Pediatric to Adult Care: An Updated Qualitative Metasynthesis. *Journal of Pediatric Nursing*. 2020 Nov;55:201–10.

³ Castillo C, Kitsos E. Transitions from pediatric to adult care. *Glob Pediatr Health*. 2017 Dec 4;4:2333794X17744946. doi:10.1177/2333794X17744946. PMID: 29238737; PMCID: PMC5721965

⁴ Boston Medical Center. Age of majority: a guide to adult decision-making supports [Internet]. Boston (MA): Boston Medical Center; 2018 [cited 2025 Aug 6]. Available from: https://www.bmc.org/sites/default/files/Patient_Care/Specialty_Care/Pediatrics%20-%20Autism/TEAM/Age-of-Majority-Guide.pdf

⁵ Murrell DV, Enzler CJ, Bretz L, Garland BH, Hergenroeder AC, Markham C, et al. The impact of insurance on adolescent transition to adult care. *Health Care Transitions* [Internet]. 2025 Jun 21;3:100108. Available from: <https://www.sciencedirect.com/science/article/pii/S2949923225000145>