

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|----------|
| Last name | VINDHEIM |
| First name | IVAN |
| Position / role | CEO |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

| | |
|---|---|
| The transaction is linked to an excersise of a share option program | <input type="radio"/> Yes <input checked="" type="radio"/> No |
|---|---|

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 41.4 |
| Volume | 200 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 200 000 |
| Total amount | 8 280 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|-----------|
| Last name | ELLINGSEN |
| First name | KRISTIAN |
| Position / role | CFO |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

Instrument

ISIN code

Name of the financial instrument

Nature of the transaction

Transaction type

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

Currency

Price(s) and volume(s)

Price per unit

Volume

Aggregated information

Average price per unit

Aggregated volume

Total amount

Date of the transaction

Date

Place of the transaction

Trading venue

Comment

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The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|-----------------------------|
| Last name | OALAND |
| First name | ØYVIND |
| Position / role | COO Farming Norway, Iceland |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

Instrument Financial instrument linked to a share or a debt instrument

ISIN code NO0003054108

Name of the financial instrument

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

Transaction type Acceptance of a stock option

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

Currency NOK

Price(s) and volume(s)

Price per unit 41.4

Volume 100 000

Aggregated information

Average price per unit 41.40000

Aggregated volume 100 000

Total amount 4 140 000.000000

Date of the transaction

Date 6/19/2025

Place of the transaction

Trading venue XOSL - Oslo Børs

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|---|
| Last name | Hadfield |
| First name | Ben |
| Position / role | COO Farming Scotland, Ireland, Faroes & Canada East |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an exercise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 41.4 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 100 000 |
| Total amount | 4 140 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR
- ☐ Closely associated person (natural person)
- ☐ Closely associated person (legal person)

Info about the one who reports

Last nameGALTUNG DØSVIG

First nameKIM

Business name

About PDMR

Last nameVillarroel

First nameFernando

Position / roleCOO Farming Americas

Initial notification or amendment to prior notification

- ☒ Initial
- ☐ Amendment

Details about the issuer or emission allowance market participant

Business nameMowi ASA

LEI number549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

Instrument Financial instrument linked to a share or a debt instrument

ISIN code NO0003054108

Name of the financial instrument

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

Transaction type Acceptance of a stock option

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

Currency NOK

Price(s) and volume(s)

Price per unit 41.4

Volume 100 000

Aggregated information

Average price per unit 41.40000

Aggregated volume 100 000

Total amount 4 140 000.000000

Date of the transaction

Date 6/19/2025

Place of the transaction

Trading venue XOSL - Oslo Børs

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

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Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|-----------------------|
| Last name | BRATTVOLL |
| First name | OLA NILSEN |
| Position / role | COO Sales & Marketing |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 41.4 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 100 000 |
| Total amount | 4 140 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

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The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|----------|
| Last name | KVIST |
| First name | ATLE |
| Position / role | COO Feed |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 41.4 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 100 000 |
| Total amount | 4 140 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

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The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|---|
| Last name | Martins |
| First name | Catarina |
| Position / role | Chief Technology Officer and Chief Sustainability Officer |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 41.4 |
| Volume | 45 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 45 000 |
| Total amount | 1 863 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment

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The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|------------------|
| Last name | EIKESETH |
| First name | KJERSTI JONASSEN |
| Position / role | Chief HR Officer |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 41.4 |
| Volume | 25 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 25 000 |
| Total amount | 1 035 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment

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The person liable:

- ☒ PDMR
- ☐ Closely associated person (natural person)
- ☐ Closely associated person (legal person)

About PDMR

Last name

GALTUNG DØSVIG

First name

KIM

Position / role

IRO & Head of Treasury

Initial notification or amendment to prior notification

- ☒ Initial
- ☐ Amendment

Details about the issuer or emission allowance market participant

Business name

Mowi ASA

LEI number

549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an exercise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 41.4 |
| Volume | 25 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 25 000 |
| Total amount | 1 035 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: ANDERSEN
First name: LARS TORE
Position / role: Group Accounting Director

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi ASA
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | |

Share options allocation. Strike price of NOK 201.6860.

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 41.4 |
| Volume | 15 000 |

Aggregated information

| | |
|------------------------|----------------|
| Average price per unit | 41.40000 |
| Aggregated volume | 15 000 |
| Total amount | 621 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/19/2025 |
|------|-----------|

Place of the transaction

| | |
|---------------|------------------|
| Trading venue | XOSL - Oslo Børs |
|---------------|------------------|

Comment