d persons clos	ely associated	with them	2	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
PDMR	Closely asso person)	ciated person (natural	Closely person)	associated person (legal
Info about the one	e who reports			
Last name	G	GALTUNG DØSVIG		
First name	K	ΊΜ		
Business name	Γ			
About PDMR				
Last name	V	INDHEIM		
First name	I	/AN		
Position / role	C	EO		
Initial notification	or amendment to p	prior notification		
 Initial 	Amendm	ent		
Details about the is	ssuer or emission al	llowance market participant		
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH349		

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes 💿 No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

nd persons clos		d with them	r Drik)	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
PDMR	Closely ass person)	ociated person (natural	Closely person	associated person (legal)
Info about the one	e who reports			
Last name		GALTUNG DØSVIG		
First name		KIM		
Business name				
About PDMR				
Last name		ELLINGSEN		
First name		KRISTIAN		
Position / role		CFO		
Initial notification	or amendment to	prior notification		
 Initial 	Amende	ment		
Details about the is	ssuer or emission	allowance market particip	ant	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH34	9	

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes 💿 No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

sely associated with them	THE	INANCIAL SUPERVISORY ORITY OF NORWAY
 Closely associated person (natural person) 	Closely associperson)	ated person (legal
e who reports		
GALTUNG DØSVIG		
KIM		
OALAND		
ØYVIND		
or amendment to prior notification		
Amendment		
ssuer or emission allowance market participar	t	
Mowi ASA		
549300W1OGQF5LZIH349		
	Closely associated person (natural person) e who reports GALTUNG DØSVIG KIM OALAND ØYVIND COO Farming Norway & Iceland n or amendment to prior notification Amendment ssuer or emission allowance market participan Mowi ASA	Sely associated with them

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes 💿 No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

nd persons closel		d with them		THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
• PDMR	Closely ass person)	sociated person (natural	Closely person)	associated person (legal
Info about the one w	vho reports			
Last name		GALTUNG DØSVIG		
First name		KIM		
Business name				
About PDMR				
Last name		Hadfield		
First name		Ben		
Position / role		COO Farming Scotland, Ireland,	Faroes & Can	ada East
Initial notification of	r amendment to	prior notification		
 Initial 	Amend	ment		
Details about the issu	ier or emission	allowance market participant	:	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH349		

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes 💿 No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

nd persons clos		ed with them	DMK)	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
PDMR	Closely as person)	sociated person (natural	Closely a person)	associated person (legal
Info about the one	who reports			
Last name		GALTUNG DØSVIG		
First name		KIM		
Business name				
About PDMR				
Last name		Villarroel		
First name		Fernando		
Position / role		COO Farming Americas		
Initial notification	or amendment t	o prior notification		
Initial	O Ameno	dment		
Details about the is	suer or emission	allowance market participar	nt	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH349		

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes 💿 No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

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The person liable:			
PDMR	Closely asso person)	ociated person (natural	 Closely associated person (legal person)
Info about the one	who reports		
Last name		GALTUNG DØSVIG	
First name	Γ	KIM	
Business name	[
About PDMR			
Last name	E	BRATTVOLL	
First name	C	DLA NILSEN	
Position / role	C	COO Sales & Marketing	
Initial notification	or amendment to	prior notification	
 Initial 	🔘 Amendn	nent	
Details about the is	suer or emission a	llowance market partici	ant
Business name		Mowi ASA	, and the second s
LEI number			40
		549300W10GQF5LZIH3	49

Skjemaversjon: 46345

Description of the financial instrument/	type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Share purchase in relation to employee sha	re purchase program	
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an excersise of	a share option program O Yes 💿 No	
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	195.4999	
Volume	153	
Aggregated information		
Average price per unit	195.49990	
Aggregated volume	153	
Total amount	29 911.484700	
Date of the transaction		
Date	11/27/2023	
Place of the transaction		
Trading venue	Other trading venue	
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS	
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE	

nd persons closely		d with them	, maximum (maximum (maximu) (maximu) (maximu) (m	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
• PDMR	Closely ass person)	ociated person (natural	Closely person)	associated person (legal
Info about the one wi	no reports			
Last name		GALTUNG DØSVIG		
First name		КІМ		
Business name				
About PDMR				
Last name	[KVIST		
First name	1.	ATLE		
Position / role	1. 1	COO Feed		
Initial notification or				
 Initial 	O Amendr	ment		
Details about the issue	er or emission a	allowance market participant		
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH349		

Skjemaversjon: 46345

Description of the financial instrument/	type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Share purchase in relation to employee sha	re purchase program	
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an excersise of	a share option program O Yes 💿 No	
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	195.4999	
Volume	153	
Aggregated information		
Average price per unit	195.49990	
Aggregated volume	153	
Total amount	29 911.484700	
Date of the transaction		
Date	11/27/2023	
Place of the transaction		
Trading venue	Other trading venue	
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS	
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE	

- p	,		AUTHORITY OF NORWAY	
The person liable:				
PDMR	Closely ass person)	sociated person (natural	 Closely associated person (legal person) 	
Info about the one w	ho reports			
Last name		GALTUNG DØSVIG		
First name		KIM		
Business name				
About PDMR				
Last name		Martins		
First name		Catarina		
Position / role		Chief Technology Officer and	Chief Sustainability Officer	
Initial notification or	amendment to	prior notification		
 Initial 	Amend	ment		
Details about the issu	er or emission	allowance market particip	ant	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH34	19	

Skjemaversjon: 46345

FINANSTILSYNET THE FINANCIAL SUPERVISORY

Description of the financial instrument/	type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Share purchase in relation to employee sha	re purchase program	
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an excersise of	a share option program O Yes 💿 No	
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	195.4999	
Volume	153	
Aggregated information		
Average price per unit	195.49990	
Aggregated volume	153	
Total amount	29 911.484700	
Date of the transaction		
Date	11/27/2023	
Place of the transaction		
Trading venue	Other trading venue	
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS	
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE	

nd persons clos		with them	(PDMR)	THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY
The person liable:				
PDMR	Closely ass person)	ociated person (natural	Closely person	associated person (legal)
Info about the one	who reports			
Last name		GALTUNG DØSVIG		
First name		KIM		
Business name				
About PDMR				
Last name	Γ	RIISE		
First name	[ANNE LORGEN		
Position / role	[Chief HR Officer		
Initial notification	or amendment to	prior notification		
 Initial 	Amendr	nent		
Details about the is	suer or emission a	Illowance market partici	pant	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH3	49	

Skjemaversjon: 46345

Description of the financial instrument/	type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Share purchase in relation to employee sha	re purchase program	
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an excersise of	a share option program O Yes 💿 No	
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	195.4999	
Volume	153	
Aggregated information		
Average price per unit	195.49990	
Aggregated volume	153	
Total amount	29 911.484700	
Date of the transaction		
Date	11/27/2023	
Place of the transaction		
Trading venue	Other trading venue	
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS	
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE	

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AUTHORITY OF NORWAY

 Closely associated person (natural person) 	 Closely associated person (legal person)
GALTUNG DØSVIG	
KIM	
IRO & Head of Treasury	
n or amendment to prior notification	
Amendment	
issuer or emission allowance market partici	ipant
TIOWI ASA	
549300W1OGQF5LZIH3	240
	GALTUNG DØSVIG KIM IRO & Head of Treasury

Skjemaversjon: 46345

Description of the financial instrument/	type of instrument	
Instrument	Share	
ISIN code	NO0003054108	
Name of the financial instrument		
Share purchase in relation to employee sha	re purchase program	
Nature of the transaction		
Transaction type	Acquisition	
Share option program		
The transaction is linked to an excersise of	a share option program O Yes 💿 No	
Currency of the transaction		
Currency	NOK	
Price(s) and volume(s)		
Price per unit	195.4999	
Volume	153	
Aggregated information		
Average price per unit	195.49990	
Aggregated volume	153	
Total amount	29 911.484700	
Date of the transaction		
Date	11/27/2023	
Place of the transaction		
Trading venue	Other trading venue	
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS	
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE	

FINANSTILSYNET
THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY

		•
The person liable:		
PDMR	 Closely associated person (natural person) 	 Closely associated person (legal person)
Info about the one	e who reports	
Last name	GALTUNG DØSVIG	
First name	KIM	
Business name		
About PDMR		
Last name	ANDERSEN	
First name	LARS TORE	
Position / role	Group Accounting Director	
Initial notification	n or amendment to prior notification	
 Initial 	Amendment	
Details about the is	ssuer or emission allowance market participa	ant
Business name	Mowi ASA	
LEI number	549300W1OGQF5LZIH34	

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes O No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

The person liable:			
PDMR	Closely as person)	ssociated person (natural O Closely person	/ associated person (legal))
Info about the one	e who reports		
Last name		GALTUNG DØSVIG	
First name		KIM	
Business name			
About PDMR			
Last name		PETTERSEN	
First name		ROGER ANDRE	
Position / role		Employee Board member	
Initial notification Initial 		to prior notification dment	
Details about the is	ssuer or emissior	allowance market participant	
Business name		Mowi ASA	
LEI number		549300W1OGQF5LZIH349	

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes O No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

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The person liable:				
PDMR	Closely assoc person)	iated person (natural	O Close pers	ely associated person (legal on)
Info about the one who reports				
Last name	GA	ALTUNG DØSVIG		
First name	KI	M		
Business name				
About PDMR				
Last name	WE	ENGAARD		
First name	JØ	RGEN JOHANNESSEN		
Position / role	Em	nployee Board member		
Initial notification or amendment to prior notification				
Initial	Amendme	nt		
Details about the issu	er or emission all	owance market participan	t	
Business name		Mowi ASA		
LEI number		549300W1OGQF5LZIH349		

Skjemaversjon: 46345

FINANSTILSYNET THE FINANCIAL SUPERVISORY

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes O No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			

FINANSTILSYNET
THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY

The person liable:	
PDMR	 Closely associated person (natural person) Closely associated person (legal person)
Info about the one	who reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
About PDMR	
Last name	HATTMYR
First name	UNNI HELEN
Position / role	Employee Board member
Initial notification	or amendment to prior notification
 Initial 	O Amendment
	suer or emission allowance market participant
Details about the is	
Details about the is Business name	Mowi ASA

Skjemaversjon: 46345

Description of the financial instrument/type of instrument				
Instrument	Share			
ISIN code	NO0003054108			
Name of the financial instrument				
Share purchase in relation to employee sha	re purchase program			
Nature of the transaction				
Transaction type	Acquisition			
Share option program				
The transaction is linked to an excersise of	a share option program O Yes O No			
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	195.4999			
Volume	153			
Aggregated information				
Average price per unit	195.49990			
Aggregated volume	153			
Total amount	29 911.484700			
Date of the transaction				
Date	11/27/2023			
Place of the transaction				
Trading venue	Other trading venue			
Other trading venue	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS			
Market Identifier Code (MIC)	GSEI, BEUP, CEUX, XOSL, CEUD, SGMV, AQEU, XPOS, XDNB, TQE			