

15 September 2020**Report on insider's trade with FirstFarms A/S' shares**

Pursuant to the Market Abuse Regulation art. 19 and according to power of attorney to report transactions on behalf of Anders Holger Nørgaard, FirstFarms A/S shall hereby report transactions with FirstFarms A/S' shares and associated securities by managerial staff and their related parties:

Name:	Anders Holger Nørgaard
Reason:	CEO in FirstFarms A/S
Issuer:	FirstFarms A/S
ISIN code:	DK0060056166
Type:	Shares
Transaction:	Sale
Trading date:	11+14 September 2020
Market:	Nasdaq Copenhagen A/S
Number:	8,048
Market value in DKK:	523,645.40

Best regards,
FirstFarms A/S

For further information:

Please visit our website www.firstfarms.com or contact CEO Anders H. Nørgaard on telephone +45 75 86 87 87.

About FirstFarms:

FirstFarms is a Danish stock exchange listed company, which purchases and operation agriculture in Eastern Europe. We develop the individual farms to modern businesses that deliver milk, meat and grains of the highest quality to the local food processing companies. FirstFarms contributes to, and approves, the development towards a more sustainable agriculture.