

FLEX LNG

First Quarter 2022 Results

May 11, 2022

FORWARD-LOOKING STATEMENTS



MATTERS DISCUSSED IN THIS PRESENTATION MAY CONSTITUTE FORWARD-LOOKING STATEMENTS. THE PRIVATE SECURITIES LITIGATION REFORM ACT OF 1995 PROVIDES SAFE HARBOR PROTECTIONS FOR FORWARD-LOOKING STATEMENTS IN ORDER TO ENCOURAGE COMPANIES TO PROVIDE PROSPECTIVE INFORMATION ABOUT THEIR BUSINESS. FORWARD-LOOKING STATEMENTS INCLUDE STATEMENTS CONCERNING PLANS, OBJECTIVES, GOALS, STRATEGIES, FUTURE EVENTS OR PERFORMANCE, AND UNDERLYING ASSUMPTIONS AND OTHER STATEMENTS, WHICH ARE OTHER THAN STATEMENTS OF HISTORICAL FACTS.

FLEX LNG LTD. ("FLEX LNG" OR "THE COMPANY") DESIRES TO TAKE ADVANTAGE OF THE SAFE HARBOR PROVISIONS OF THE PRIVATE SECURITIES LITIGATION REFORM ACT OF 1995 AND IS INCLUDING THIS CAUTIONARY STATEMENT IN CONNECTION WITH THIS SAFE HARBOR LEGISLATION. THE WORDS "BELIEVE," "EXPECT," "FORECAST," "ANTICIPATE," "ESTIMATE," "INTEND," "PLAN," "POSSIBLE," "POTENTIAL," "PENDING," "TARGET," "PROJECT," "LIKELY," "MAY," "WILL," "WOULD," "SHOULD," "COULD" AND SIMILAR EXPRESSIONS IDENTIFY FORWARD-LOOKING STATEMENTS.

THE FORWARD-LOOKING STATEMENTS IN THIS PRESENTATION ARE BASED UPON VARIOUS ASSUMPTIONS, MANY OF WHICH ARE BASED, IN TURN, UPON FURTHER ASSUMPTIONS, INCLUDING WITHOUT LIMITATION, MANAGEMENT'S EXAMINATION OF HISTORICAL OPERATING TRENDS, DATA CONTAINED IN THE COMPANY'S RECORDS AND OTHER DATA AVAILABLE FROM THIRD PARTIES. ALTHOUGH FLEX LNG BELIEVES THAT THESE ASSUMPTIONS WERE REASONABLE WHEN MADE, BECAUSE THESE ASSUMPTIONS ARE INHERENTLY SUBJECT TO SIGNIFICANT UNCERTAINTIES AND CONTINGENCIES WHICH ARE DIFFICULT OR IMPOSSIBLE TO PREDICT AND ARE BEYOND THE COMPANY'S CONTROL, THERE CAN BE NO ASSURANCE THAT THE COMPANY WILL ACHIEVE OR ACCOMPLISH THESE EXPECTATIONS, BELIEFS OR PROJECTIONS. FLEX LNG UNDERTAKES NO OBLIGATION, AND SPECIFICALLY DECLINES ANY OBLIGATION, EXCEPT AS REQUIRED BY LAW, TO PUBLICLY UPDATE OR REVISE ANY FORWARD-LOOKING STATEMENTS, WHETHER AS A RESULT OF NEW INFORMATION, FUTURE EVENTS OR OTHERWISE.

IN ADDITION TO THESE IMPORTANT FACTORS, OTHER IMPORTANT FACTORS THAT, IN THE COMPANY'S VIEW, COULD CAUSE ACTUAL RESULTS TO DIFFER MATERIALLY FROM THOSE DISCUSSED IN THE FORWARD-LOOKING STATEMENTS INCLUDE: UNFORESEEN LIABILITIES, FUTURE CAPITAL EXPENDITURES, THE STRENGTH OF WORLD ECONOMIES AND CURRENCIES, GENERAL MARKET CONDITIONS, INCLUDING FLUCTUATIONS IN CHARTER RATES AND VESSEL VALUES, CHANGES IN DEMAND IN THE LNG TANKER MARKET, THE LENGTH AND SEVERITY OF THE COVID-19 OUTBREAK, THE IMPACT OF PUBLIC HEALTH THREATS AND OUTBREAKS OF OTHER HIGHLY COMMUNICABLE DISEASES, CHANGES IN THE COMPANY'S OPERATING EXPENSES, INCLUDING BUNKER PRICES, DRY-DOCKING AND INSURANCE COSTS, THE FUEL EFFICIENCY OF THE COMPANY'S VESSELS, THE MARKET FOR THE COMPANY'S VESSELS, AVAILABILITY OF FINANCING AND REFINANCING, ABILITY TO COMPLY WITH COVENANTS IN SUCH FINANCING ARRANGEMENTS, FAILURE OF COUNTERPARTIES TO FULLY PERFORM THEIR CONTRACTS WITH THE COMPANY, CHANGES IN GOVERNMENTAL RULES AND REGULATIONS OR ACTIONS TAKEN BY REGULATORY AUTHORITIES, INCLUDING THOSE THAT MAY LIMIT THE COMMERCIAL USEFUL LIVES OF LNG TANKERS, POTENTIAL LIABILITY FROM PENDING OR FUTURE LITIGATION, GENERAL DOMESTIC AND INTERNATIONAL POLITICAL CONDITIONS, POTENTIAL DISRUPTION OF SHIPPING ROUTES DUE TO ACCIDENTS OR POLITICAL EVENTS, VESSEL BREAKDOWNS AND INSTANCES OF OFF-HIRE, AND OTHER FACTORS, INCLUDING THOSE THAT MAY BE DESCRIBED FROM TIME TO TIME IN THE REPORTS AND OTHER DOCUMENTS THAT THE COMPANY FILES WITH OR FURNISHES TO THE U.S. SECURITIES AND EXCHANGE COMMISSION ("SEC").

FOR A MORE COMPLETE DISCUSSION OF CERTAIN OF THESE AND OTHER RISKS AND UNCERTAINTIES ASSOCIATED WITH THE COMPANY, PLEASE REFER TO THE REPORTS AND OTHER DOCUMENTS THAT FLEX LNG FILES WITH OR FURNISHES TO THE SEC.

THIS PRESENTATION IS NOT AN OFFER TO PURCHASE OR SELL, OR A SOLICITATION OF AN OFFER TO PURCHASE OR SELL, ANY SECURITIES OR A SOLICITATION OF ANY VOTE OR APPROVAL.

HIGHLIGHTS



Soft spot market in Q1-22 due to European cargo pull

Revenues of \$74.6m in line with previous revenue guidance

Net income and adj. Net income⁽¹⁾ of \$55.8m and \$23.8m

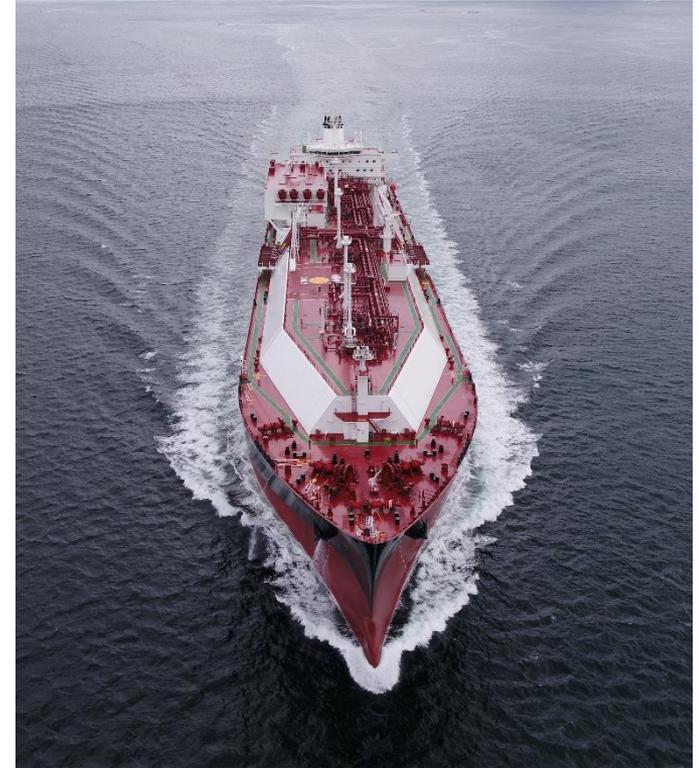
Effective hedging strategy with gains of \$31.9m in Q1-22

EPS and adj. EPS⁽¹⁾ of \$1.05 and \$0.45

Quarterly dividend of \$0.75 per share - yield of ~12%⁽²⁾

Strong backlog with ~98 % of 2022 already covered

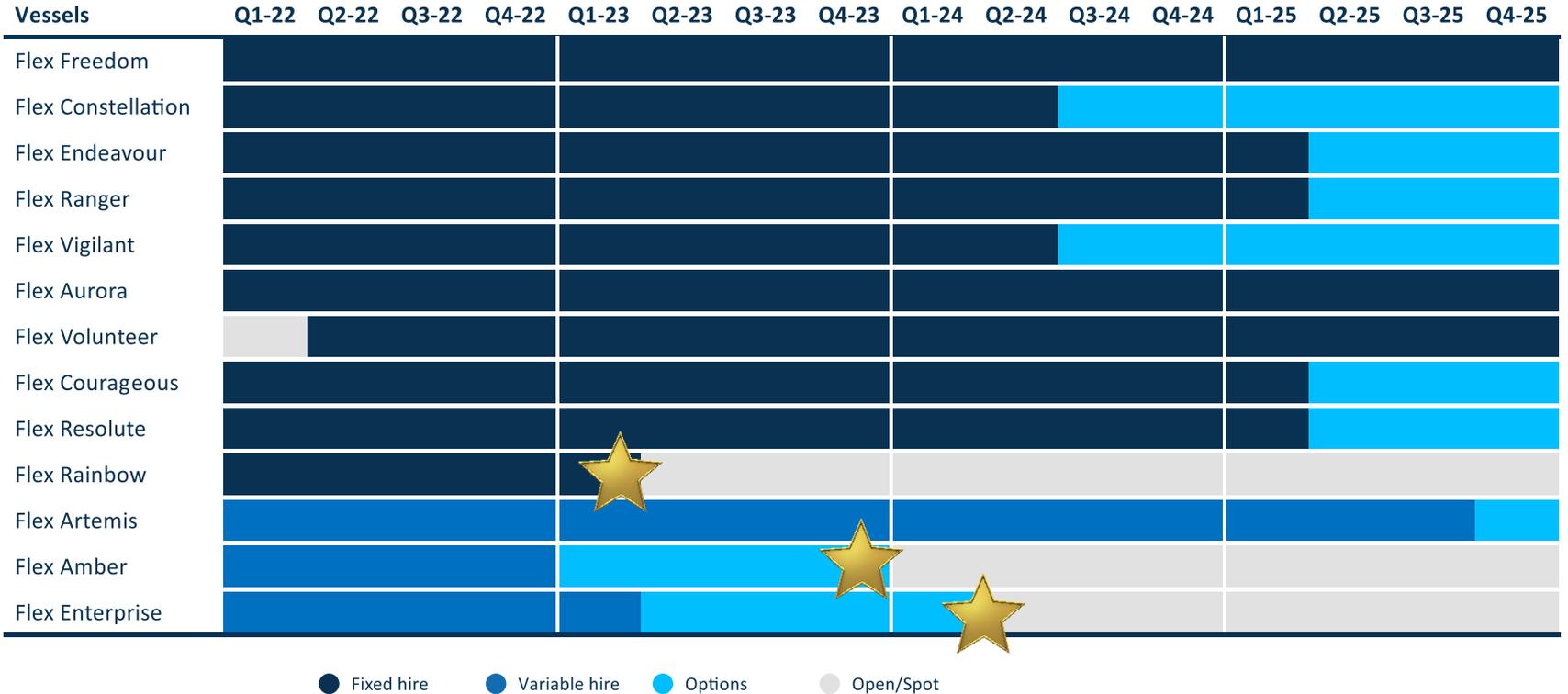
Three attractive positions being marketed for '23 & '24



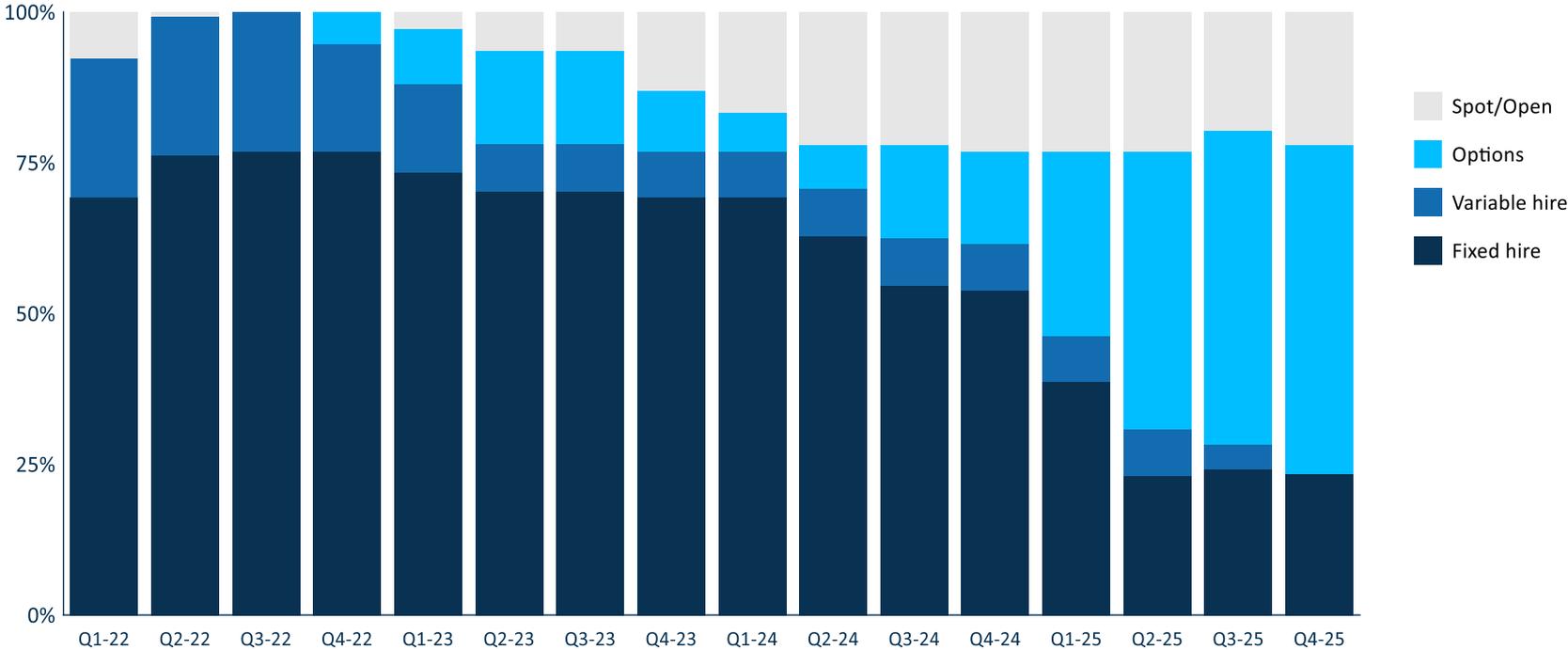
1) Adjusted net income and adjusted EPS are non-GAAP measures. A reconciliation to the most directly comparable GAAP measure is included in the earnings report

2) Annualized yield assuming share price of \$25.29 on NYSE May 9, 2022

ATTRACTIVE BACKLOG WITH 98% OF 2022 ALREADY COVERED



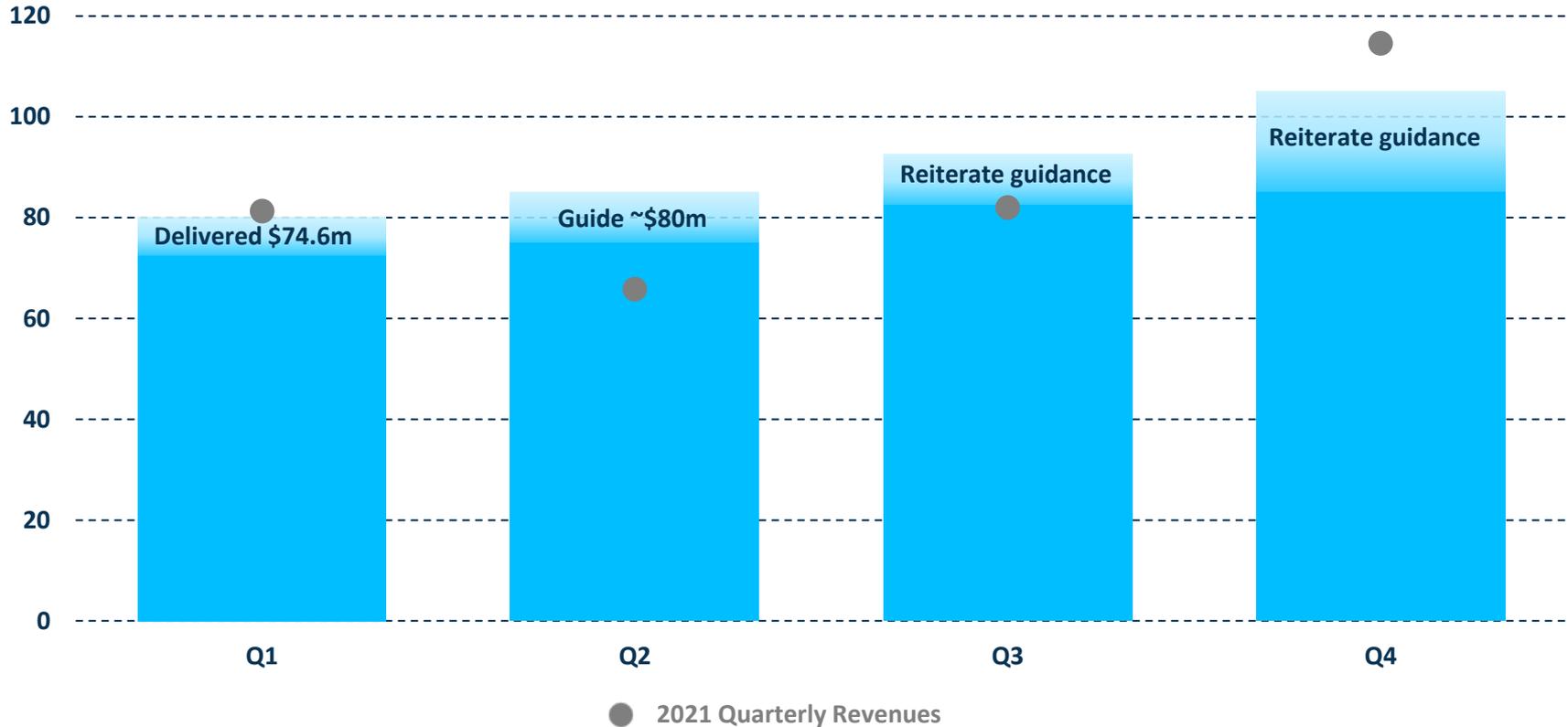
HIGH EARNINGS VISIBILITY WHILE MAINTAINING MARKET EXPOSURE



REITERATE REVENUE GUIDANCE +/- 5% VS. 2021 WITH LESS VOLATILITY



Revenues \$m



1) Source: Company estimates, assumes regular operations of the ship with no unforeseen down-time

EARNINGS BELONGS TO SHAREHOLDERS



	Q1-21	Q2-21	Q3-21	Q4-21	Q1-22	SUM
Adjusted EPS	\$0.64	\$0.29	\$0.60	\$1.18	\$0.45	\$3.16
DPS	\$0.40	\$0.40	\$0.75	\$0.75	\$0.75	\$3.05
Buy-backs	\$0.10	\$0.01	\$0.04	\$0.00	\$0.00	\$0.15
Distribution	78%	141%	132%	64%	167%	101%

Decision Factors

Earnings and cash flow	✓	ⓘ	✓	✓	ⓘ
Market outlook	✓	✓	✓	✓	✓
Backlog and visibility	✓	✓	✓	✓	✓
Liquidity position	✓	✓	✓	✓	✓
Covenant compliance	✓	✓	✓	✓	✓
Debt maturities	✓	✓	✓	✓	✓
Capex liabilities	✓	✓	✓	✓	✓
Other considerations	✓	✓	✓	✓	✓

Cashflow expected to increase as we forecast higher revenues in Q2, Q3 and Q4 than in Q1

In 2021 we took delivery of our three last newbuildings with net capex of about \$17.5m or about \$0.33 per share

FINANCIAL HIGHLIGHTS



Income statement (\$m)	Q1 2022	Q4 2021	Δ\$	Q1 2021	Δ\$
Revenues	74.6	114.6	(40.0)	81.3	(6.7)
Operating expenses	(14.4)	(16.0)	1.7	(14.3)	(0.1)
Operating income	38.4	77.3	(38.9)	47.8	(9.4)
Interest expense	(14.6)	(14.4)	(0.3)	(13.5)	(1.1)
Gain on derivatives	31.9	7.4	24.5	12.9	18.9
Net income	55.8	69.4	(13.7)	47.2	8.5
EPS (\$/share)	1.05	1.31	(0.26)	0.88	0.17
Adjusted EBITDA (\$m) ¹	56.3	95.5	(39.3)	64.0	(7.7)
Adjusted net income (\$m) ¹	23.8	62.8	(39.0)	34.2	(10.4)
Adjusted EPS (\$/share) ¹	0.45	1.18	(0.0)	0.64	(0.19)

- TCE¹ per day of \$62,627
- Opex per day of \$12,266
- Opex includes a \$2.9m positive one-off adjustment
- Adjusted for the positive one-off adjustment, the opex per day was impacted by higher Covid related costs for crew changes and handovers in Q1 than previous quarters.

1) TCE, adjusted EBITDA, adjusted net income and adjusted EPS are non-GAAP measures. A reconciliation to the most directly comparable GAAP measure is included in the earnings report

ROBUST AND CLEAN BALANCE SHEET

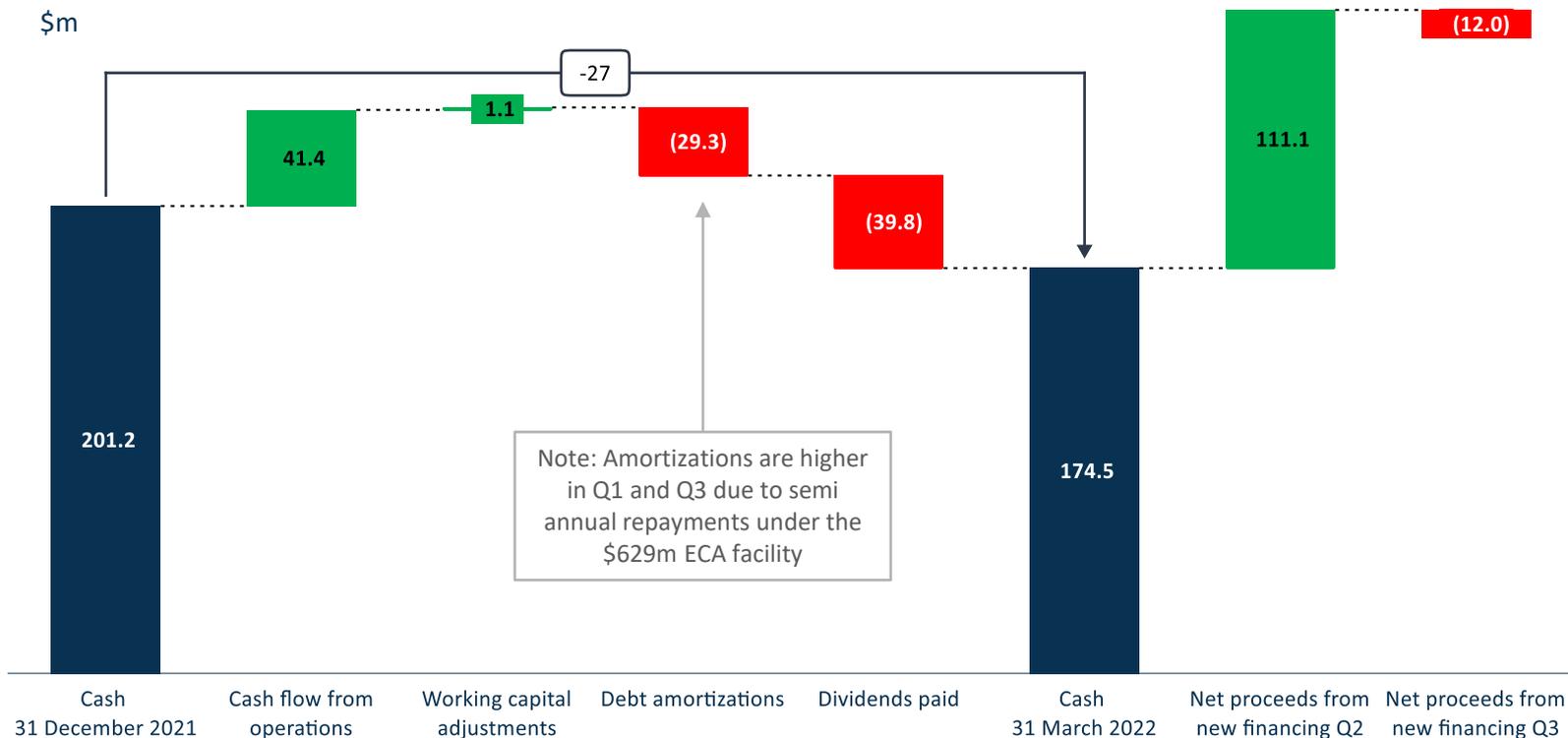


Status Balance Sheet Optimization Program

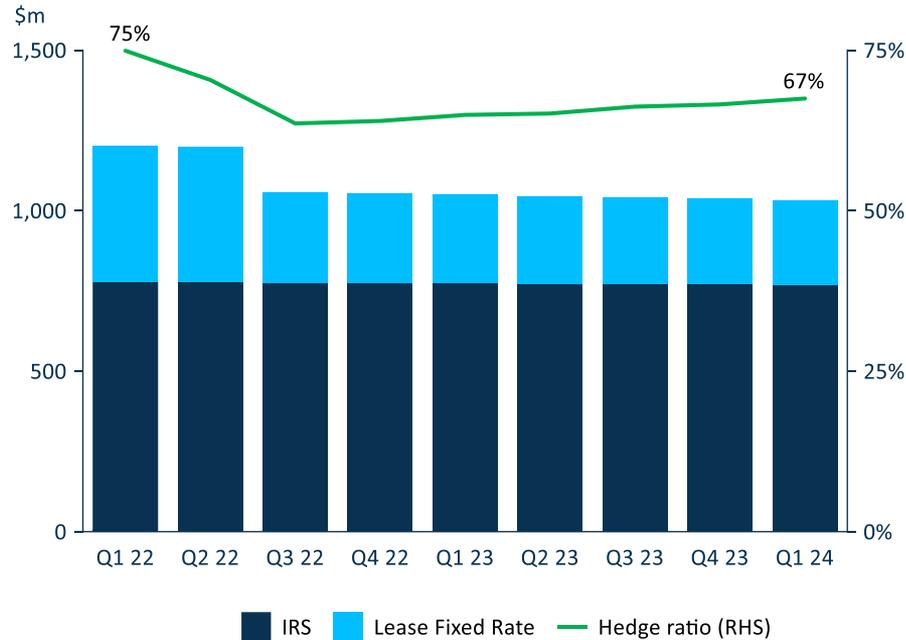
- ✓ New \$375m Facility: Signed
Flex Ranger and Flex Rainbow refinanced.
- ✓ New \$320m Leases: Signed
Flex Courageous and Flex Rainbow to be refinanced in May

- 13 state-of-the art LNGCs
- Average fleet age of 2.5 years
- The fleet has been acquired at historical attractive prices compared to the newbuilding prices today, but book equity values reflect historical cost adjusted with regular depreciations
- Ample cash position of \$175m
- Solid equity ratio of ~36%

SOLID CASH BALANCE WITH FULL EFFECT OF REFINANCINGS IN Q2

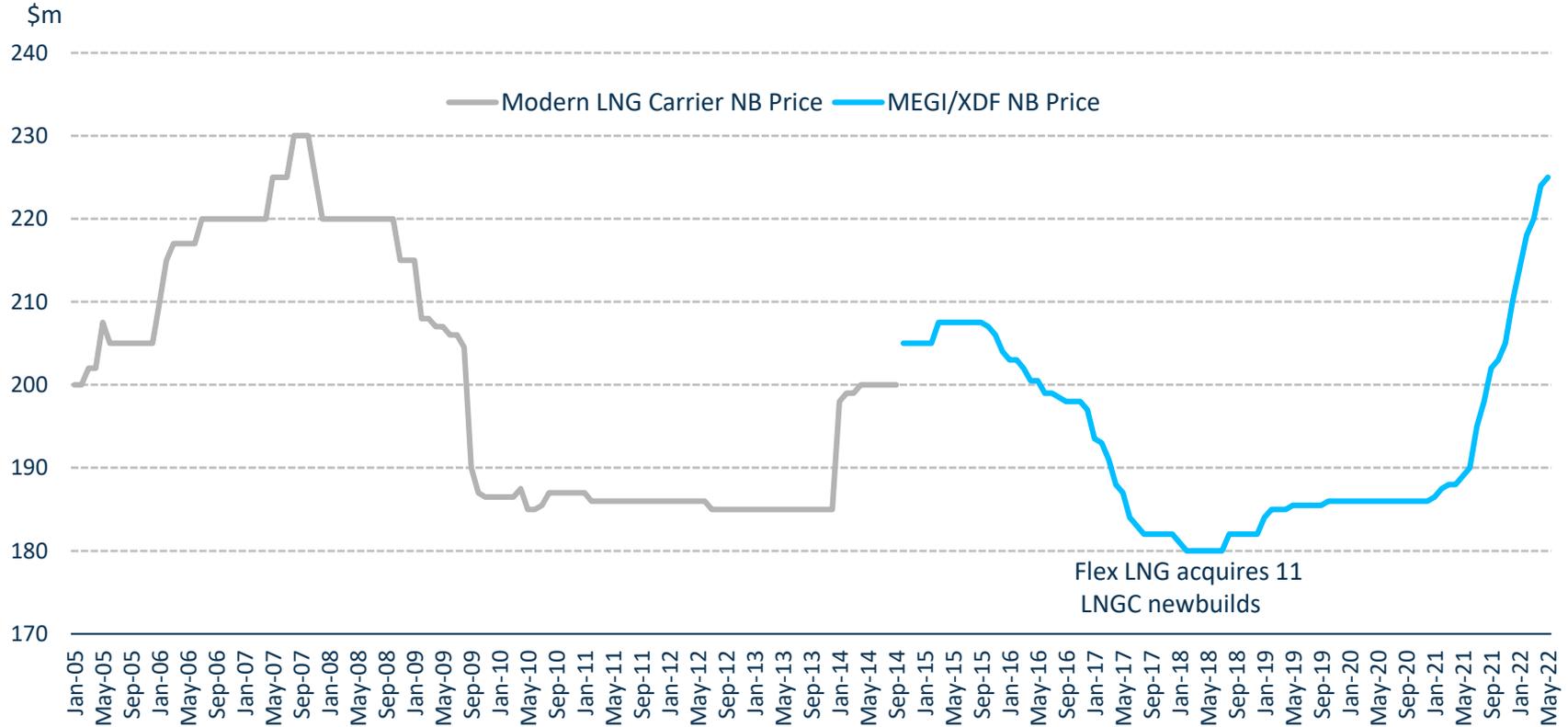


INTEREST RISK HEDGED BY DERIVATIVES AND FIXED RATE LEASES

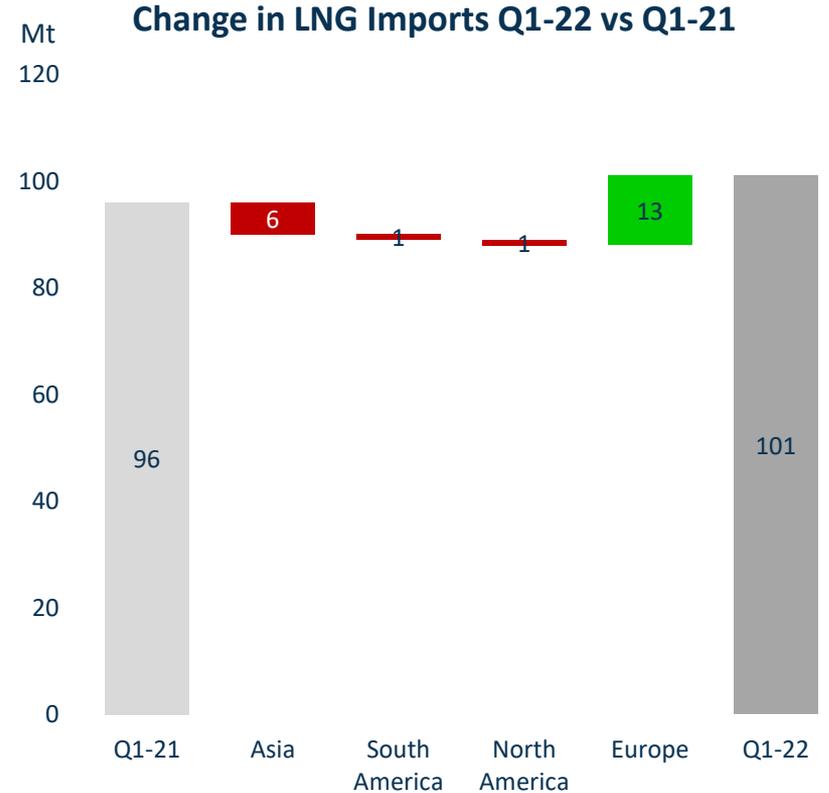
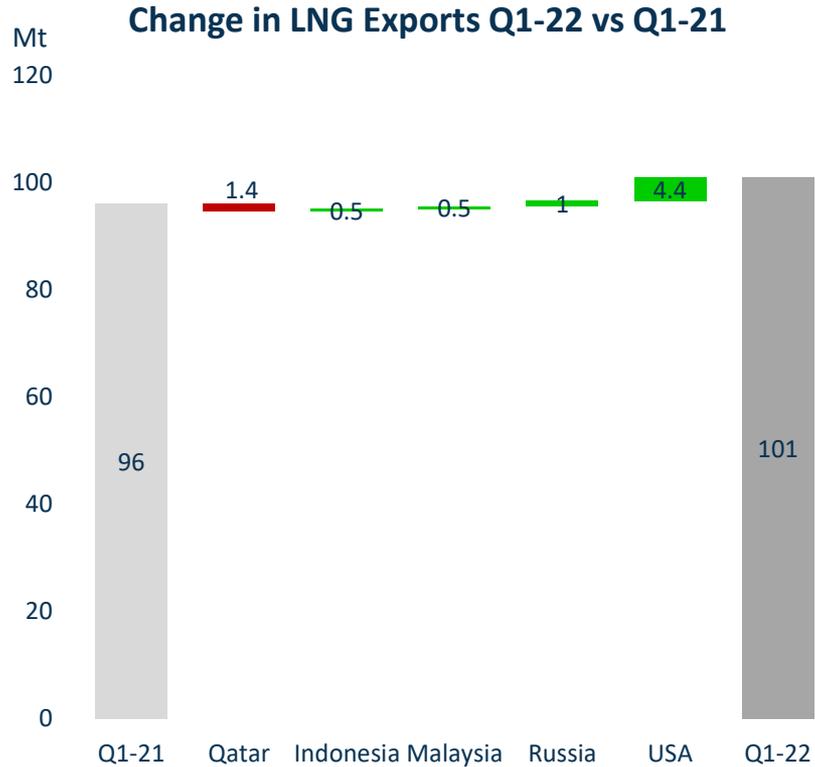


- Added an aggregate of \$200m of interest rate swaps with tenors of up to 10 years at average swap rate of ~1.7% (SOFR basis) during Q1.
- Total interest rate derivative portfolio of \$876m at average fixed rate of 1.25% and with a duration of 4.6 years.
- The portfolio gained \$31.9m in positive value during Q1. As per April the portfolio has gained an additional \$16m.
- Additional off balance sheet interest rate hedging through fixed rate leases where we do not book gain/loss

INFLATION IS ALSO A NEWBUILDING PHENOMENON



GLOBAL LNG VOLUMES UP BY 5% IN Q1-2022



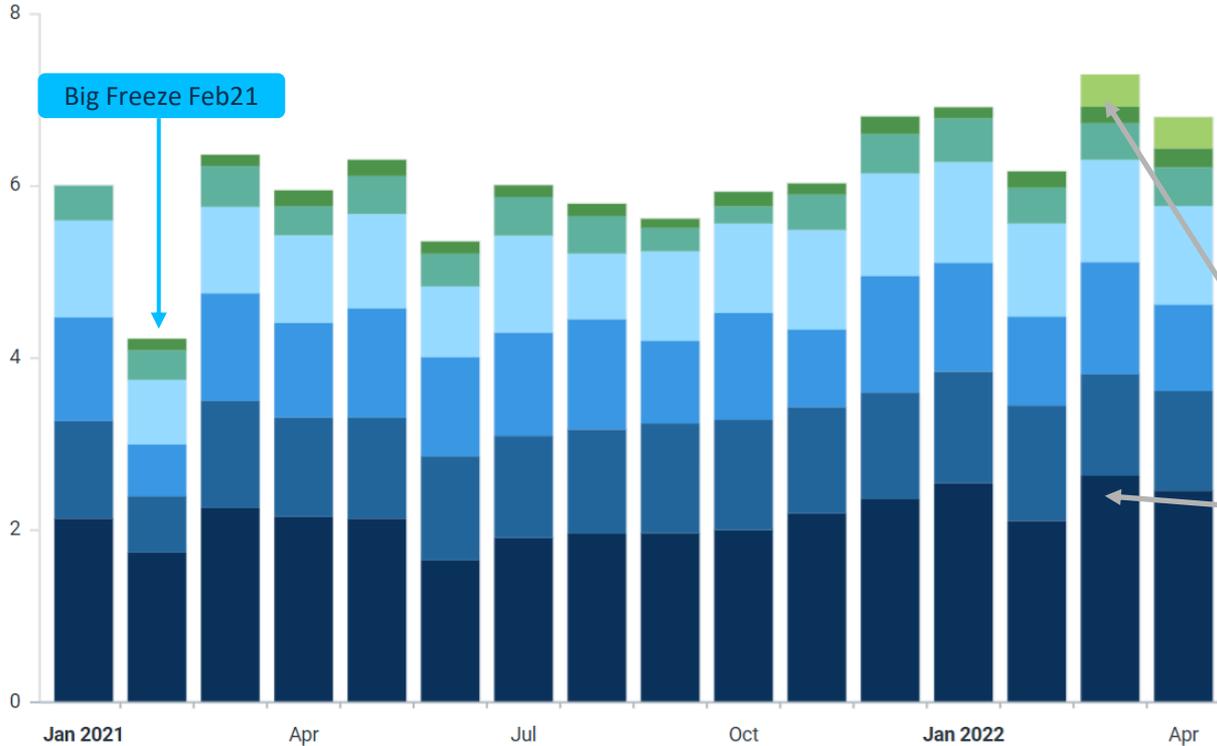
1) Source: Kpler and Affinity

US EXPORTS +21% AS OF APRIL 30, 2022



● Sabine Pass
 ● Corpus Christi
 ● Freeport
 ● Cameron (Liqu.)
 ● Cove Point
 ● Elba Island Liq.
 ● Calcasieu Pass

Mt



EIA Short Term Energy Outlook, April 12, 2022

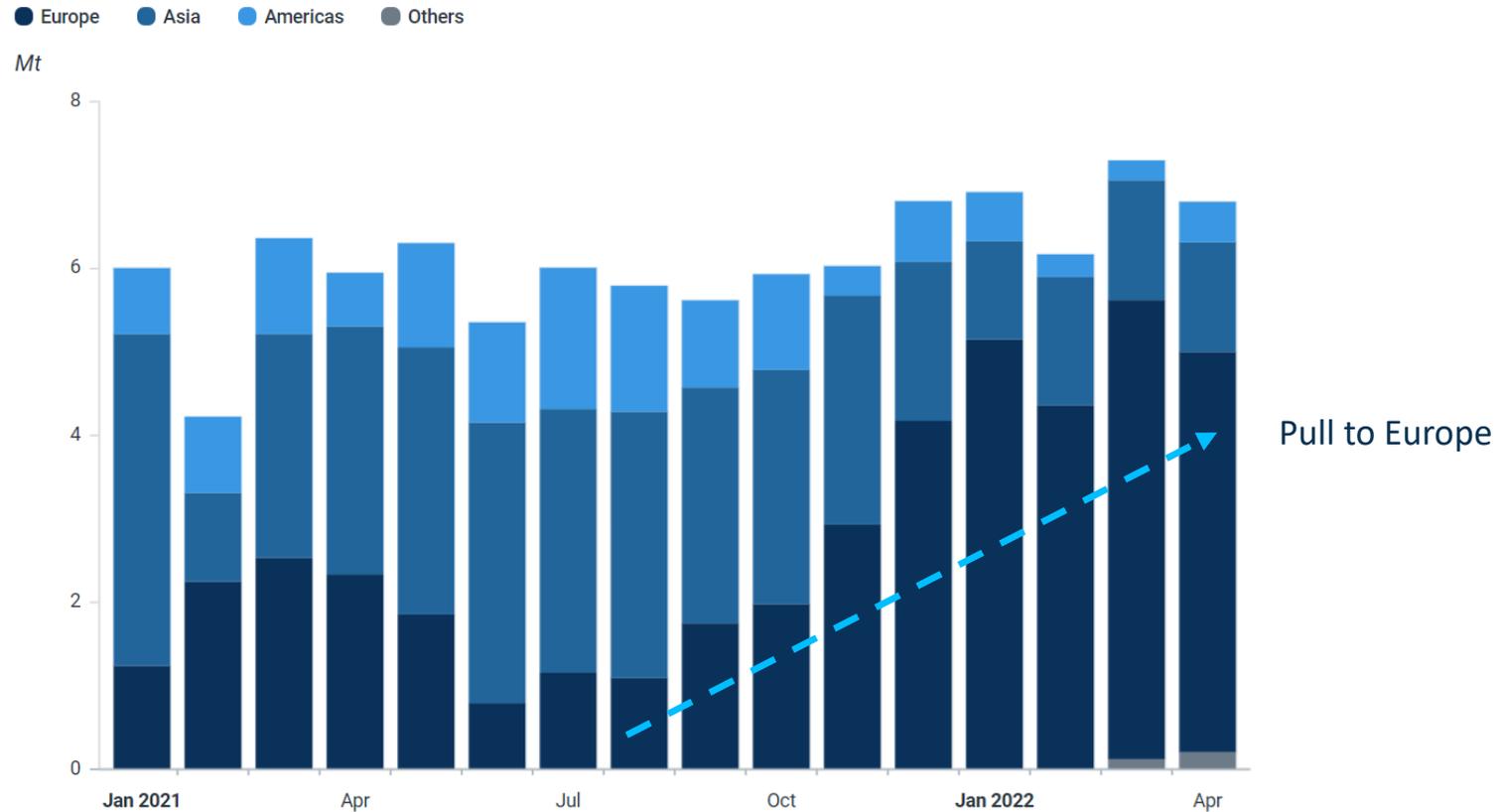
“We expect high levels of U.S. LNG exports to continue in 2022, averaging 12.2 Bcf/d for the year, a 25% increase from 2021”

VENTURE GLOBAL LNG
 Calcasieu Pass: 10MT

CHENIERE
 Sabine Pass T6: 5MT

1) Source: Kpler, EIA

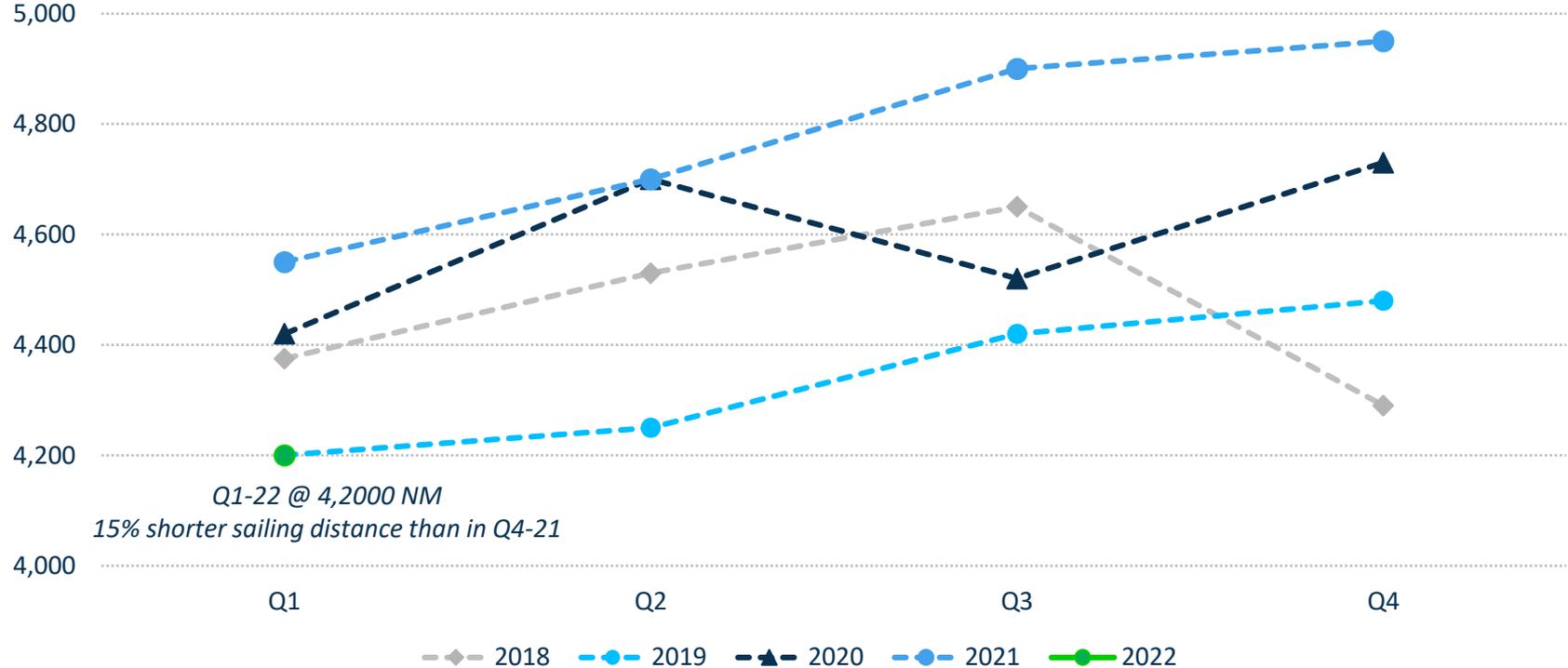
73% OF US CARGOES EXPORTED TO EUROPE IN 2022 VS. 34% IN 2021



EUROPEAN PULL HAS RESULTED IN SHORTER SAILING DISTANCES



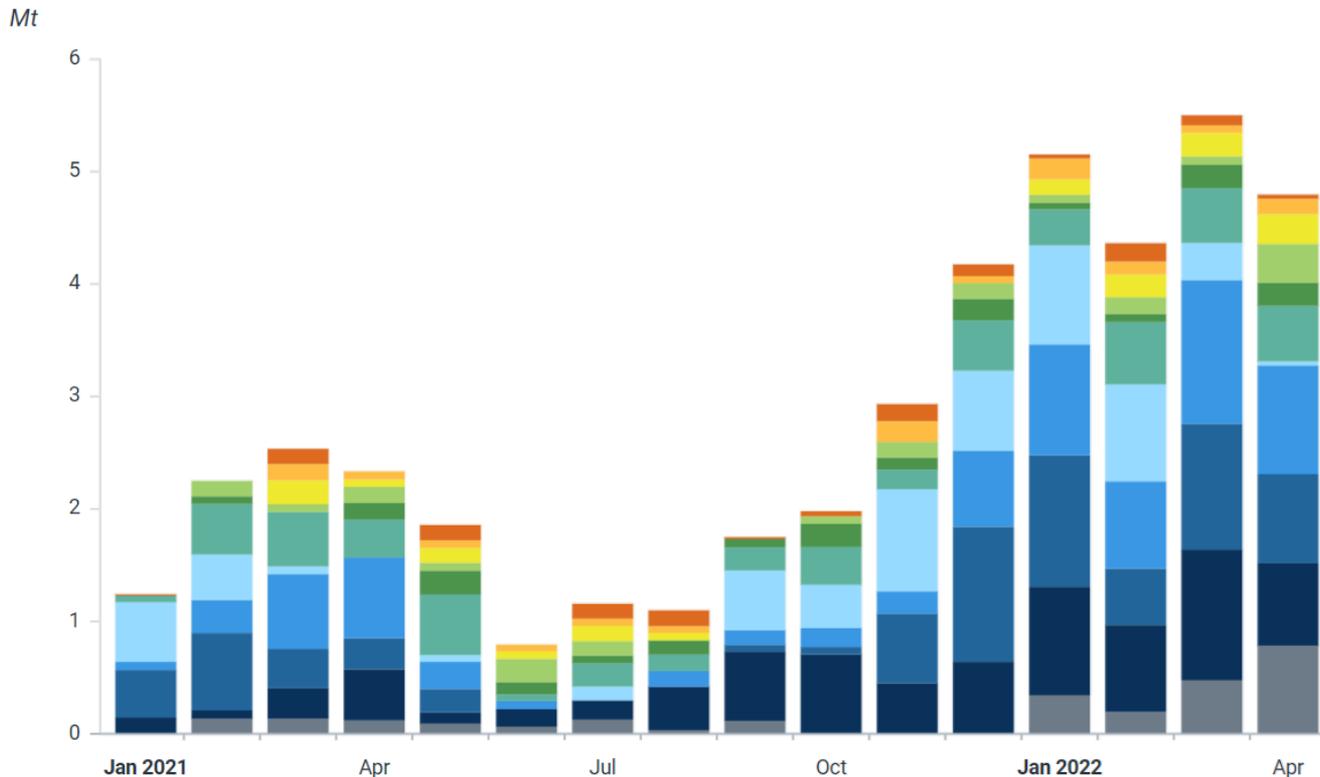
Average
Nautical Miles



EUROPEAN LNG IMPORTS +52% Y-O-Y AS OF APRIL 30, 2022



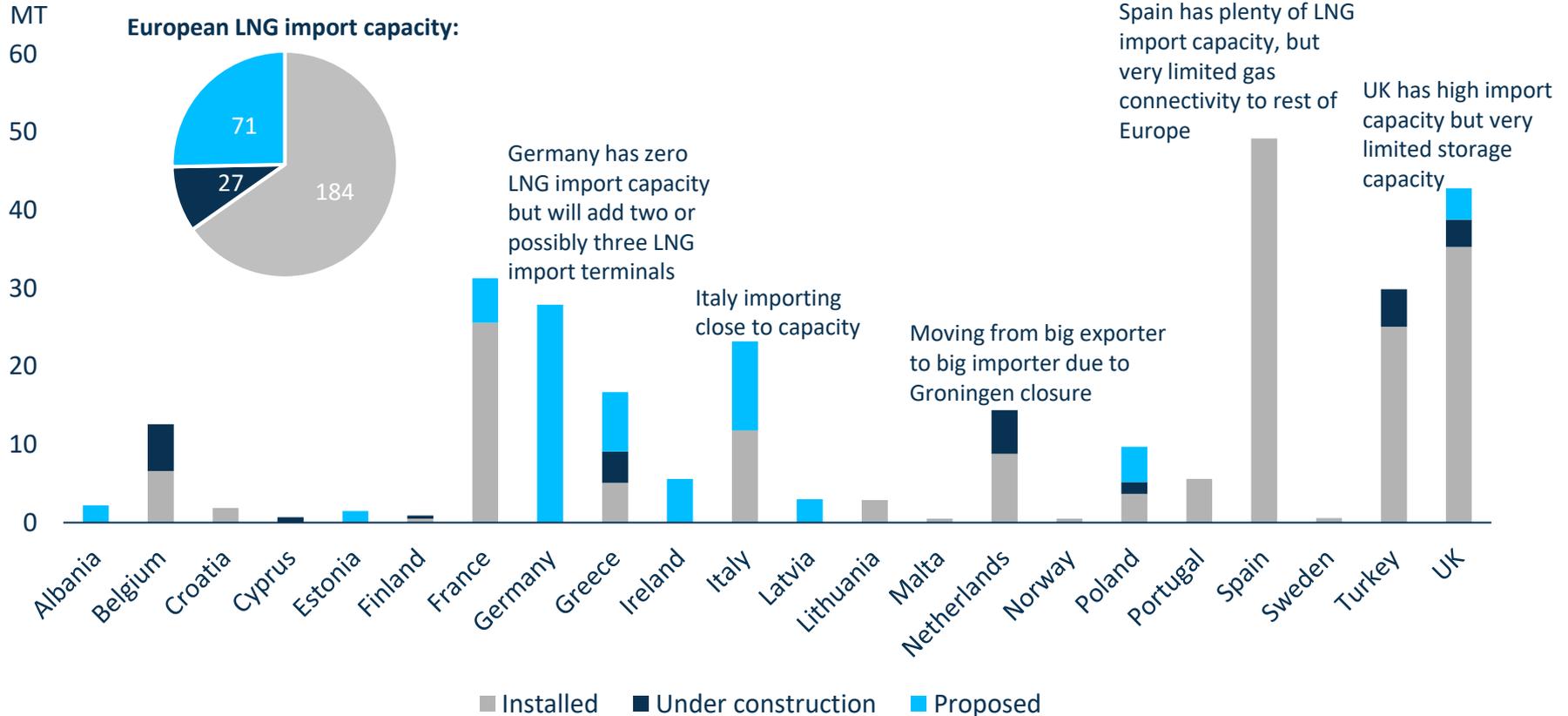
● Spain
 ● United Kingdom
 ● France
 ● Turkey
 ● Netherlands
 ● Portugal
 ● Poland
 ● Italy
 ● Croatia
● Greece
 ● Others



Key import nations:

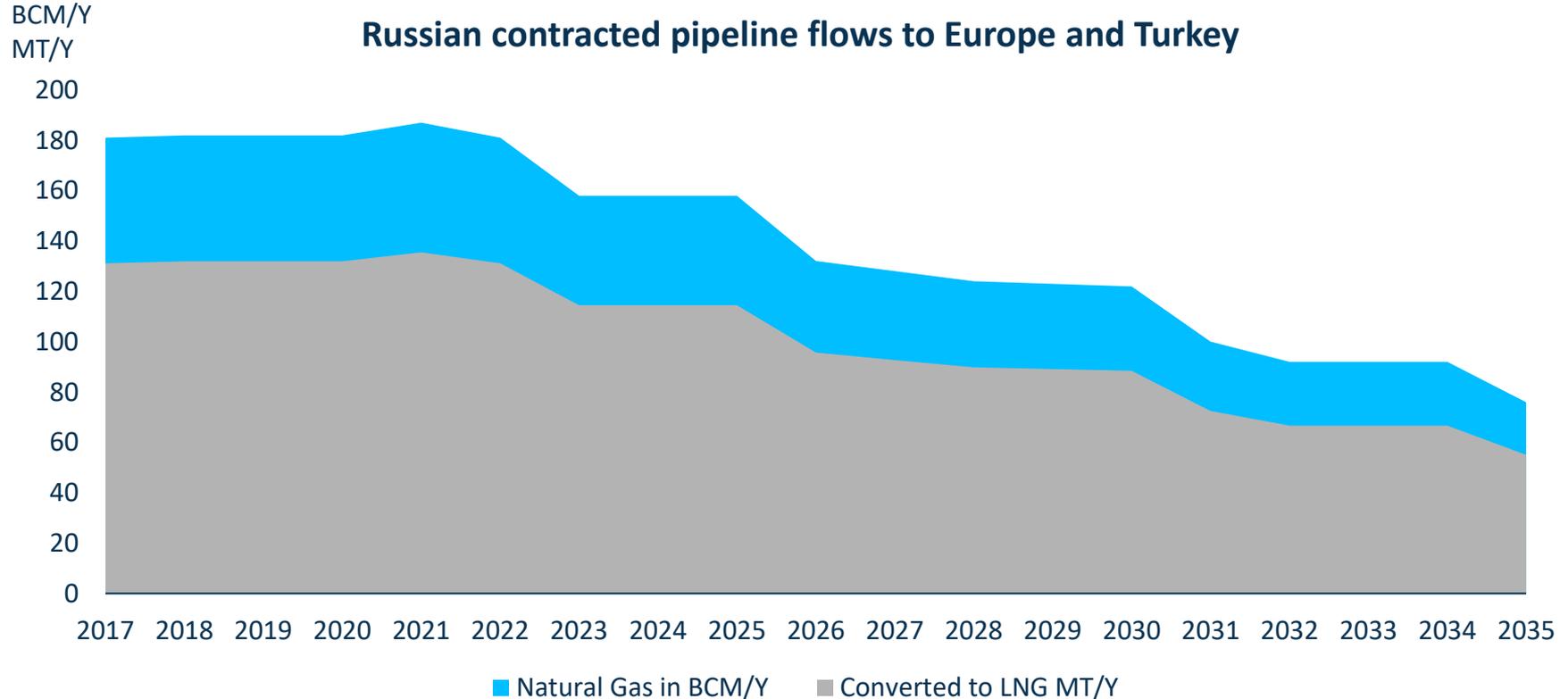
-  +3.8 MT (+78%)
-  +2.9 MT (+68%)
-  +2.5MT (+49%)
-  +1.6MT (+43%)
-  +1.3MT (+62%)
-  +1.3MT (+85%)
-  + 0.5MT (+20%)

EUROPEAN LNG IMPORT CAPACITY SET TO GROW RAPIDLY



1) Source: GIGNL and Affinity

BUT REPLACING RUSSIAN PIPELINE GAS WILL TAKE SOME TIME

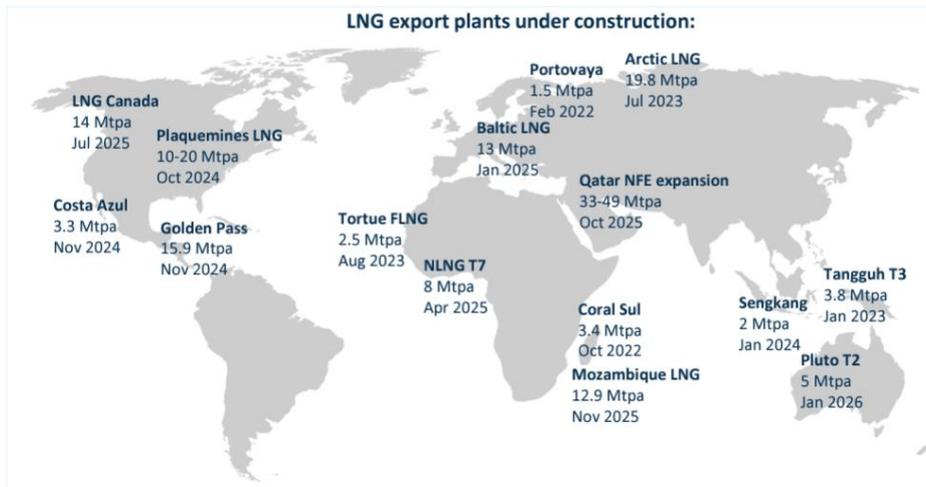


HIGHER LNG DEMAND CREATE ROOM FOR MORE PROJECTS



Q4-21 presentation, Feb 16, 2022:

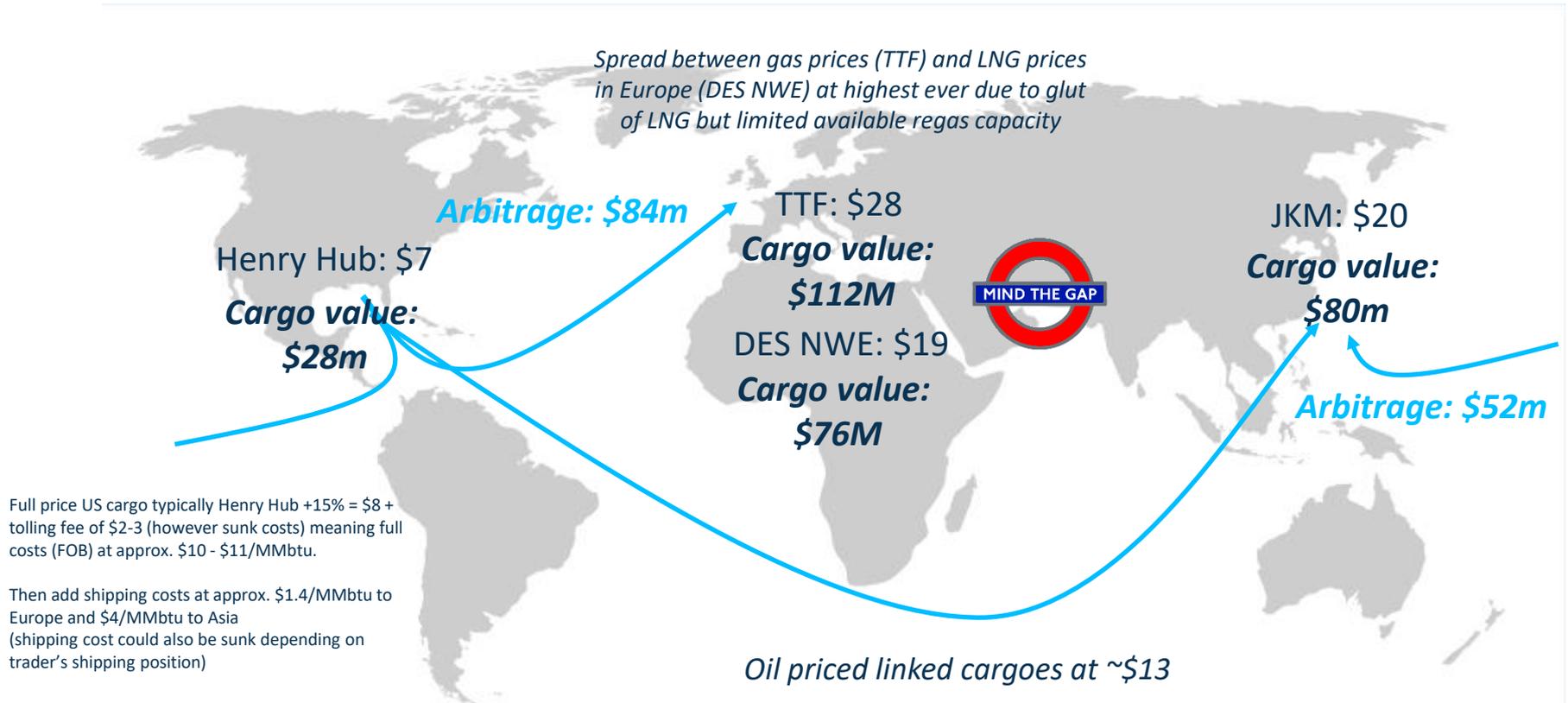
AND MORE LNG EXPORT GROWTH IN THE “PIPELINE”



Hot contenders for new volumes:

Project	Country	Lead developer	Capacity (MT)	Status
Fast LNG	US	New Fortress Energy	2,8	Start-up 2023
Congo LNG	Congo	Eni	3,0	Start-up 2023
Freeport LNG T4	US	Freeport LNG	5,1	FID imminent
Corpus Christi Stage 3	US	Cheniere	10,0	FID imminent
Driftwood Phase 1	US	Tellurian	10,4	FID imminent
Woodfibre	Canada	Woodfibre	2,1	FID imminent
Fujairah LNG T1-2	UAE	ADNOC	9,6	FEED completed
Rovuma LNG T1-2	Mozambique	Exxon	15,2	FEED completed
Qualhat expansion	Oman	Oman LNG	1,0	FEED completed
Leviathan FLNG	Israel	Chevron	3,8	Pre FEED
Abadi LNG	Indonesia	Inpex	9,6	Pre FEED
Papua LNG T1-2	PNG	Total	5,4	Pre FEED
Driftwood Phase 2	US	Tellurian	15,6	Marketing
Rio Grande Phase 1	US	Next Decade	10,8	Marketing
Rio Grande Phase 2	US	Next Decade	16,2	Marketing
CP2 LNG	US	Venture Global	20,0	Marketing
Cameron LNG T4	US	Sempra	6,8	Marketing
Greater Tortue FLNG 2	Senegal	BP	2,5	Marketing
PNG T3	PNG	Exxon	2,7	
Texas LNG	US	Texas LNG	4,0	
Cedar FLNG	Canada	Cedar LNG	3,5	
Tangguh LNG T4	Indonesia	Petronas	3,8	
LNG Canada Phase 2	Canada	Shell	14,0	
Lake Charles	US	Energy Transfer	15,0	
Vista Pacifico LNG	Mexico	Sempra	4,0	
SUM			196,9	

CURRENT STATUS OF THE LNG PRODUCT MARKET

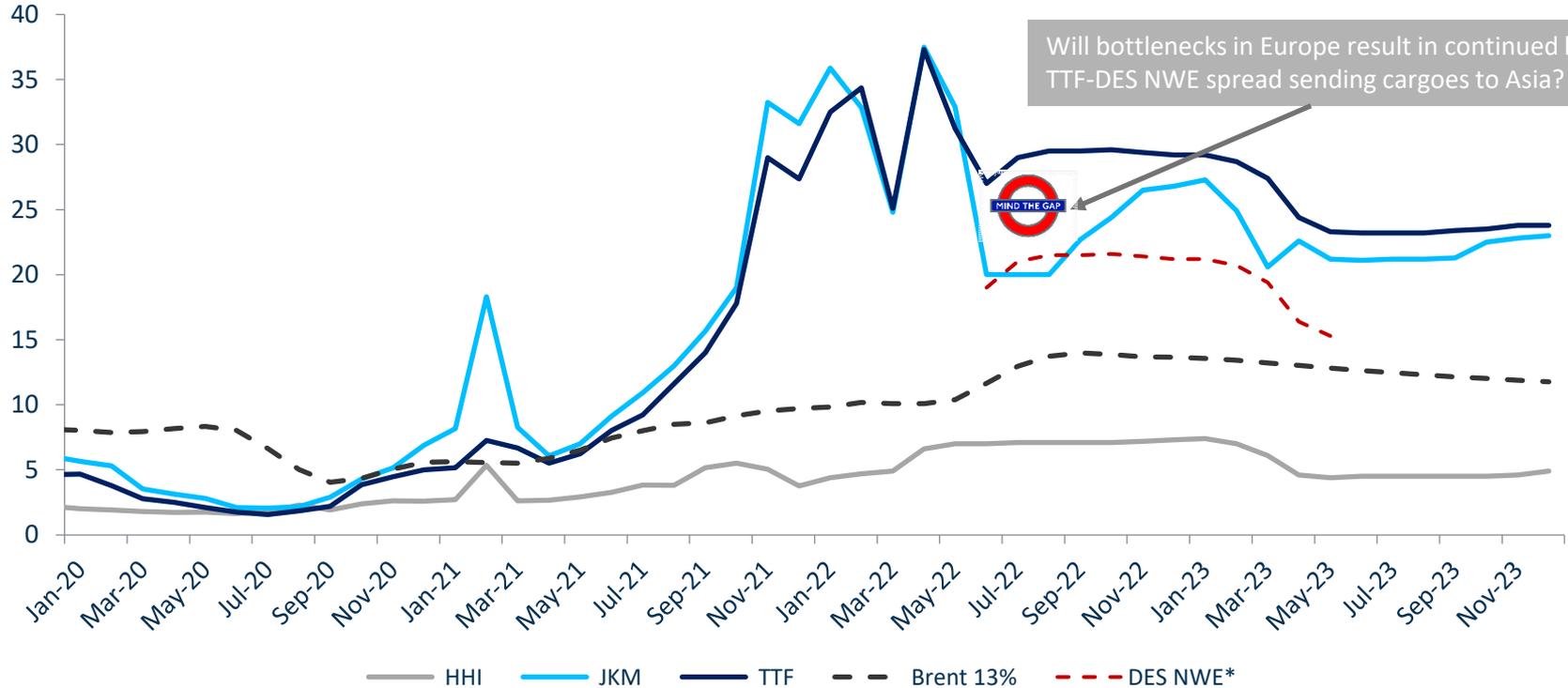


1) Source: Product prices as of close May 9, 2022 from Platts. DES NWE = Delivered ex Ship North-West Europe
2) Shipping costs from SSY
3) Assume large cargo of 4trn BTU or approx. 172,000 cbm

THE LNG PRODUCT MARKET WILL CONTINUE TO BE TIGHT



\$/MMbtu

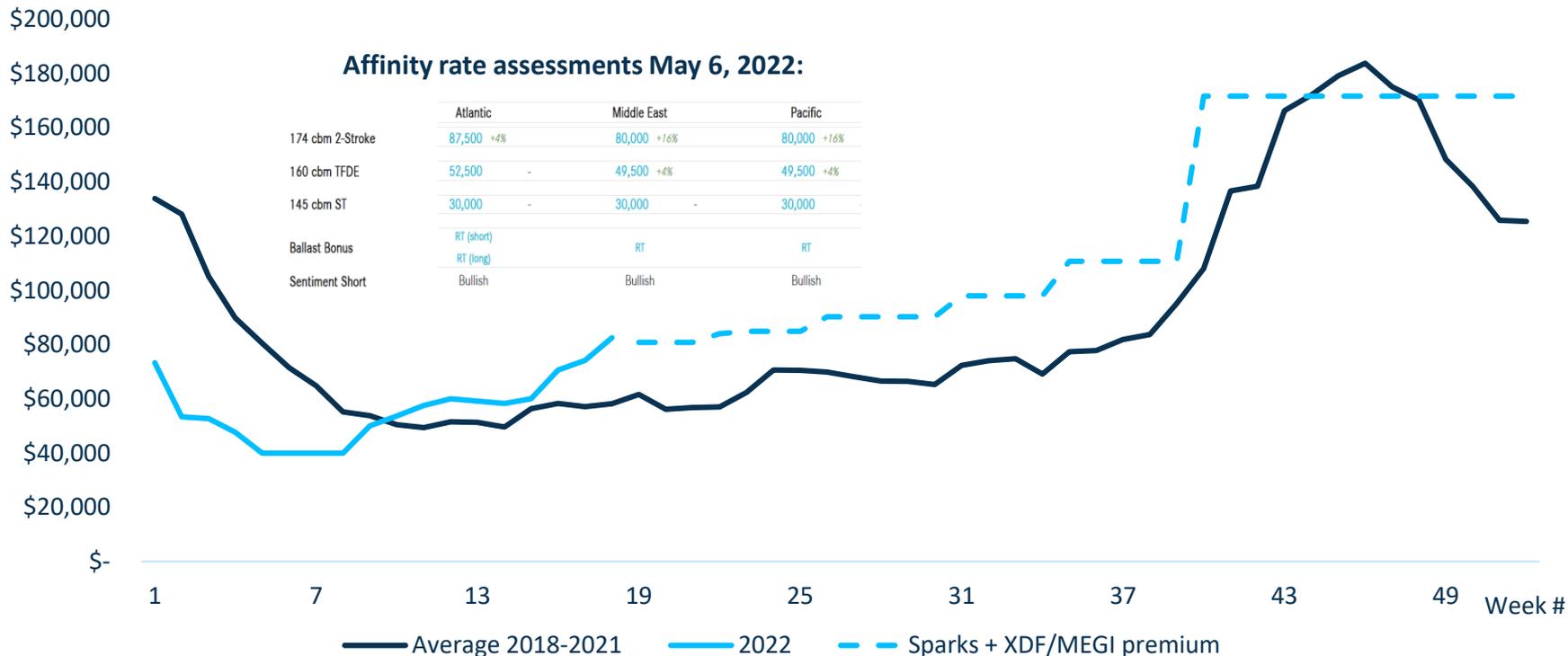


1) Source: Platts, EIA and ICE
 2) Historical TTF defined as Platts DES NWE
 3) DES NWE* is TTF minus \$8/mmbtu in line with Platts assessments

SPOT MARKET BOUNCED BACK AND NOW ABOVE SEASONAL AVERAGE



Headline rate MEGI/XDF

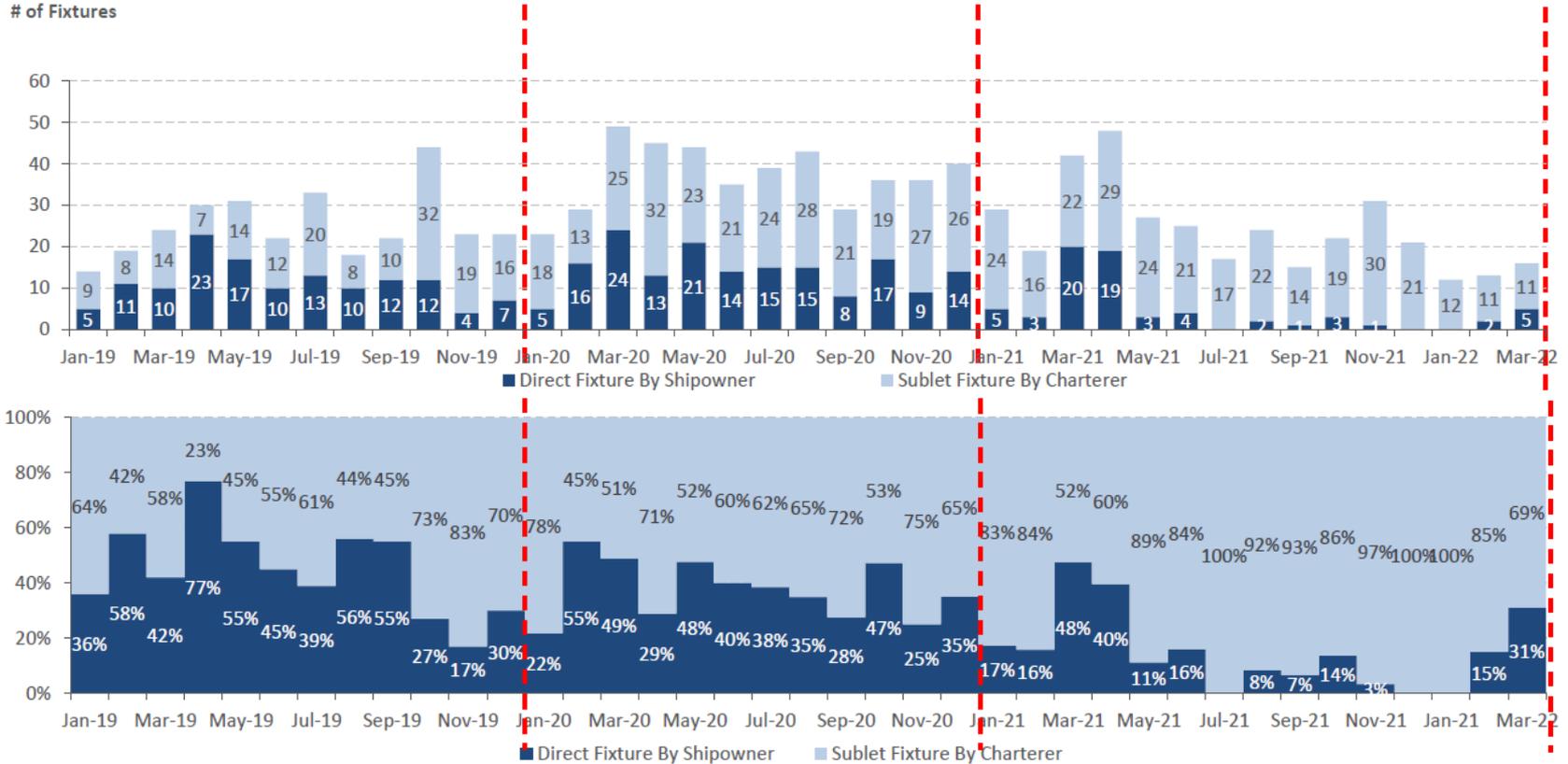


1) Source: Affinity and Sparks, MEGI/XDF premium set at \$30,000 per day in line with Affinity MEGI/XDF premium assessment

ACTIVE TERM MARKET DRIED UP SPOT MARKET LIQUIDITY



of Fixtures

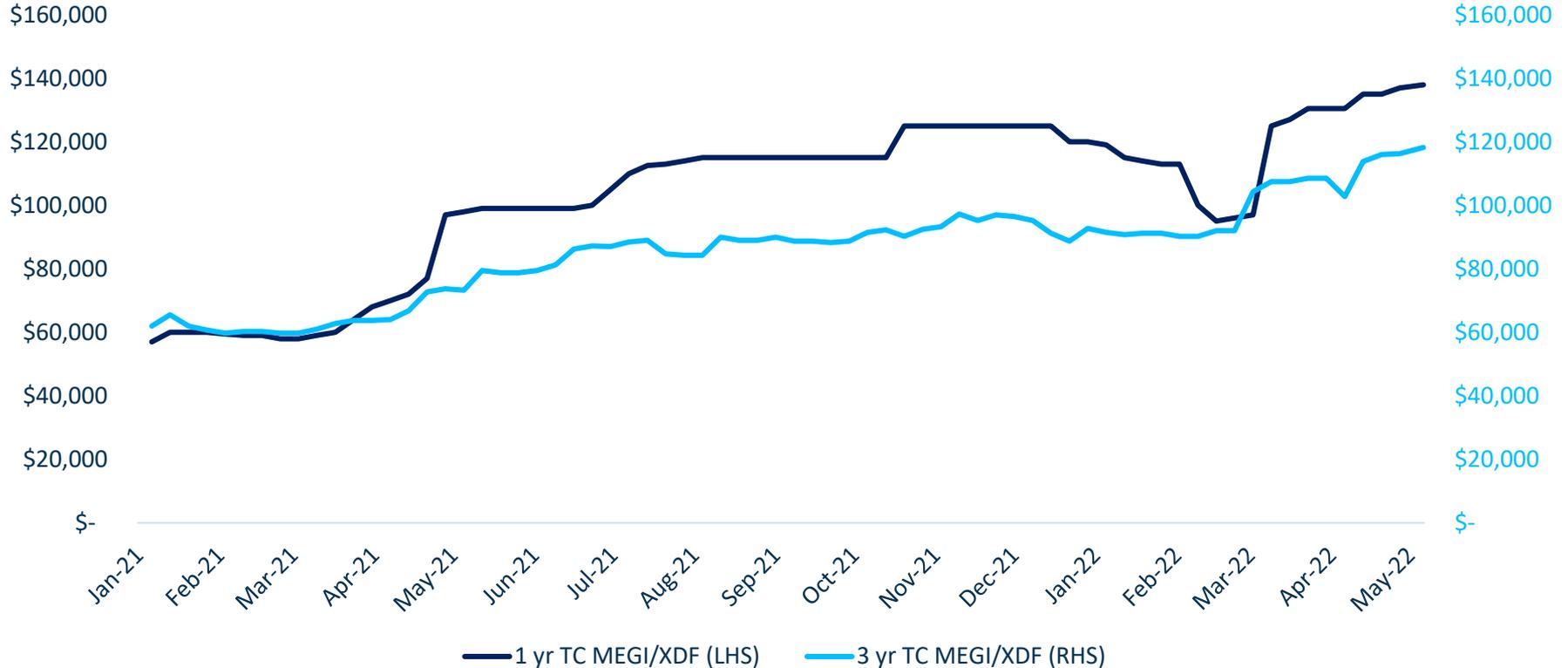


1) Source: Poten

TERM MARKET GOING FROM STRENGTH TO STRENGTH



TC rate assessment per day basis prompt delivery



1) Source: Fearnleys for 1yr and Affinity for 3yr rates

OUR 4TH ANNUAL ESG REPORT RELEASED TODAY



- We publish yearly ESG report according to SASB guidelines which includes information about:

- Environmental Footprint of Fuel Use
- Ecological Impacts
- Business Ethics
- Health & Safety

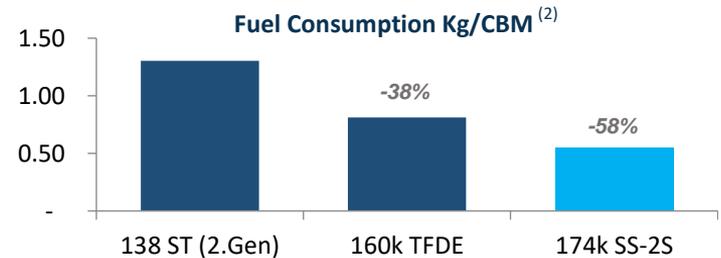
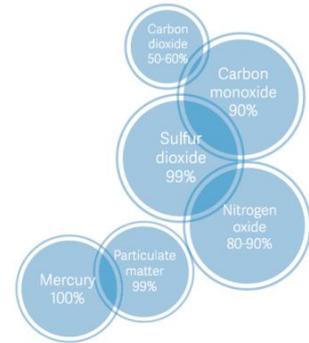


This year we will also be adding the CDP framework to report on climate-related risks to benchmark our efforts and performance against peers



Released today

Estimated emission reduction of natural gas vs. coal in power generation⁽¹⁾



1) Source : Texas A&M University

2) Source: Company estimates

SUMMARY



Q1 Revenues of \$74.6m in line with the guidance

Spot market bounced back and term market remains very strong

Three attractive positions being marketed for '23 & '24

Revenues set to grow in the next quarters as 98% of year covered

Quarterly dividend of \$0.75 per share - attractive 12% yield

Solid cash position of \$175m plus \$99m from re-financings



Bon Voyage!



FLEX LNG