1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Osvald Fossholm		
2	Reason for the notification	ation		
a)	Position/status	CFO		
b)	Initial notification/Amendment	Initial notification		
3	Details of issuer			
a)	Name	Belships ASA		
b)	LEI	5967007LIEEXZXJCKO49		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument Identification code	Derivatives/share options linked to the shares in Belships ASA (ISIN NO0003094104)		
b)	Nature of the transaction	Grant of stock options		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 0	100,000	
d)	Aggregated information	100,000		
u)	 Aggregated volume Price 	NOK 0		
e)	Date of the transaction	2022-05-03		
	Place of the transaction	Outside a trading venue - XOFF		

Notification of transactions by Primary Insiders and Close Associates