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The person liable:		
PDMR	Closely associated per person)	Closely associated person (legal person)
Info about the one	e who reports	
Last name	GALTUNG	 DØSVIG
First name	KIM	
Business name		
About PDMR		
Last name	VINDHEIM	
First name	IVAN	
Position / role	CEO	
	or amendment to prior not	fication
Initial	Amendment	
Details about the is	ssuer or emission allowance	market participant
Business name	Mowi A	SA



Description of the financial instrur	ment/type of instrument		
nstrument	Financial instrument linked to a share	or a debt instrum	nent
SIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excers	ise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	200 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	200 000		
Total amount	8 600 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	VOEE Outside a trus die a voeeve		
Trading Venue	XOFF - Outside a trading venue		
Comment			



The person liable:			
PDMR	Closely associate person)	ated person (natural	Closely associated person (legal person)
Info about the one	e who reports		
Last name	GA	LTUNG DØSVIG	
First name	KI	1	
Business name			
About PDMR			
Last name	ELL	INGSEN	
First name	KRI	STIAN	
Position / role	CFC)	
Initial notification • Initial	or amendment to pr		
Tilludi	Amendmen	it .	
Details about the is	ssuer or emission allo	wance market particip	ant
Business name		Mowi ASA	



Description of the financial instrur	ment/type of instrument		
nstrument	Financial instrument linked to a share	or a debt instrum	nent
SIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excers	ise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	200 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	200 000		
Total amount	8 600 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	VOEE Outside a trus die a voeeve		
Trading Venue	XOFF - Outside a trading venue		
Comment			



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The person liable:			
PDMR	Closely associ person)	ated person (natural	Closely associated person (legal person)
Info about the one	who reports		
Last name	GA	LTUNG DØSVIG	
First name	KI	Μ	
Business name			
About PDMR			
Last name	OA	LAND	
First name	ØY	VIND	
Position / role	СО	O Farming Norway, Icelan	d
Initial notification	or amendment to pr	ior notification	
Initial	O Amendme		
Details about the is	suer or emission allo	owance market particip	ant
Business name		Mowi ASA	
			49



Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code		or a dept mstrum	ICIIL
	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an exce	rsise of a share option program	O Yes	No
Currency of the transaction			
Currency of the transaction Currency	Nov		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	100 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	100 000		
Total amount	4 300 000.000000		
	7 300 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			
Comment			



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The person liable:		
PDMR	Closely associated person (natural person)	Closely associated person (legal person)
Info about the one	who reports	
Last name	GALTUNG DØSVIG	
First name	KIM	
Business name		
_		
About PDMR		
Last name	Hadfield	
First name	Ben	
Position / role	COO Farming Scotland, Irel	land, Faroes & Canada East
Initial notification	or amendment to prior notification	
Initial	Amendment	
Details about the is	suer or emission allowance market partici	ipant
Business name	Mowi ASA	



Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code		or a dept mstrum	ICIIL
	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an exce	rsise of a share option program	O Yes	No
Currency of the transaction			
Currency of the transaction Currency	Nov		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	100 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	100 000		
Total amount	4 300 000.000000		
	7 300 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			
Comment			



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The person liable:			
PDMR	Closely associated pe person)		osely associated person (legal erson)
Info about the one	who reports		
Last name	GALTUNG	DØSVIG	
First name	KIM		
Business name			
About PDMR			
Last name	Villarroel		
First name	Fernando		
Position / role	COO Farmi	ng Americas	
Initial notification	or amendment to prior not	fication	
Initial	Amendment		
Details about the is	suer or emission allowance	market participant	
Business name	Mowi A	SA	



Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code		or a dept mstrum	ICIIL
	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an exce	rsise of a share option program	O Yes	No
Currency of the transaction			
Currency of the transaction Currency	Nov		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	100 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	100 000		
Total amount	4 300 000.000000		
	7 300 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			
Comment			



The person liable:	
PDMR	Closely associated person (natural person) Closely associated person (legal person)
Info about the one	who reports
Last name	GALTUNG DØSVIG
First name	KIM
Business name	
About PDMR	
Last name	BRATTVOLL
First name	OLA NILSEN
Position / role	COO Sales & Marketing
Initial notification	or amendment to prior notification
Initial	Amendment
Details about the is	suer or emission allowance market participant
Business name	Mowi ASA



Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code		or a dept mstrum	ICIIL
	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an exce	rsise of a share option program	O Yes	No
Currency of the transaction			
Currency of the transaction Currency	Nov		
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	100 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	100 000		
Total amount	4 300 000.000000		
	7 300 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			
Comment			



The person liable:		
PDMR	Closely associated person (natural person)	Closely associated person (legal person)
Info about the one	who reports	
Last name	GALTUNG DØSVIG	
First name	KIM	
Business name		
About PDMR Last name First name	KVIST ATLE	
Position / role	COO Feed	
Initial notification	or amendment to prior notification	
Initial	Amendment	
Tillicial	Amendment	
Details about the iss	suer or emission allowance market particip	pant
Business name	Mowi ASA	



	ent/type of instrument		
Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price o	f NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excersis	e of a share option program	○ Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	100 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	100 000		
Total amount	4 300 000.000000		
Total amount	,		
Date of the transaction			
	6/19/2024		
Date of the transaction	6/19/2024		



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The person liable:				
PDMR	Closely associate person)	ed person (natural	Closely associated person (legal person)	
Info about the one	e who reports			
Last name	GALT	UNG DØSVIG		
First name	KIM			
Business name				
About PDMR				
Last name	Marti	ns		
First name	Catar	ina		
Position / role	Chief	Chief Technology Officer and Chief Sustainability Officer		
	or amendment to prio	r notification		
Initial	Amendment			
Details about the i	ssuer or emission allow	ance market particip	ant	
Business name	M	owi ASA		
245555				



Instrument	Financial instrument linked to a share	or a debt instrum	nent
		or a dept instruit	ient
ISIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an exce	reico of a charo option program	○ Vos	(A) No
The transaction is linked to all exce	isise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	45 000		
	43 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	45 000		
Total amount	1 935 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			



The person liable:		
PDMR	Closely associated person (natural person)	Closely associated person (legal person)
Info about the one	e who reports	
Last name	GALTUNG DØSVIG	
First name	KIM	
Business name		
About PDMR		
Last name	EIKESETH	
First name	KJERSTI JONASSEN	
Position / role	Chief HR Officer	
Initial notification	or amendment to prior notification	
Initial	Amendment	
Details about the is	ssuer or emission allowance market partici	pant
Business name	Mowi ASA	



Description of the financial instru	ment/type of instrument		
Instrument	Financial instrument linked to a share	or a debt instrun	nent
ISIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excer	sise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	25 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	25 000		
Total amount	1 075 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
			<u> </u>
Comment			



The person liable:				
PDMR	Closely associated person (natural person)	Closely associated person (legal person)		
About PDMR				
Last name	GALTUNG DØSVIG			
First name	KIM			
Position / role	IRO & Head of Treasury	IRO & Head of Treasury		
Initial notification	n or amendment to prior notification			
Initial	Amendment			
Details about the i	ssuer or emission allowance market pa	rticipant		
Business name	Mowi ASA			
LEI number	549300W1OGQF5L2	ZIH349		



Description of the financial instru	ment/type of instrument		
Instrument	Financial instrument linked to a share	or a debt instrun	nent
ISIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excer	sise of a share option program	O Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	25 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	25 000		
Total amount	1 075 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
			<u> </u>
Comment			



			•
The person liable:			
PDMR	Closely associ person)	iated person (natural	Closely associated person (legal person)
Info about the one	e who reports		
Last name	G	ALTUNG DØSVIG	
First name	K	[M	
Business name			
About PDMR	_		
Last name	AN	IDERSEN	
First name	LA	RS TORE	
Position / role	Gr	oup Accounting Director	
Initial notification	or amendment to p	rior notification	
Initial	O Amendme	ent	
Details about the is	ssuer or emission all	owance market particip	pant
Business name		Mowi ASA	



Description of the financial instru	ıment/type of instrument		
Instrument	Financial instrument linked to a share	or a debt instrum	nent
ISIN code	NO0003054108		
Name of the financial instrument			
Share options allocation. Strike price	e of NOK 201.6120.		
Nature of the transaction			
Transaction type	Acceptance of a stock option		
Share option program			
The transaction is linked to an excer	sise of a share option program	○ Yes	No
Currency of the transaction			
Currency	NOK		
Price(s) and volume(s)			
Price per unit	43		
Volume	15 000		
Aggregated information			
Average price per unit	43.00000		
Aggregated volume	15 000		
Total amount	645 000.000000		
Date of the transaction			
Date	6/19/2024		
Place of the transaction			
Trading venue	XOFF - Outside a trading venue		
Comment			