

**Notification of transactions by persons discharging  
managerial responsibilities and persons closely associated with them**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name	Lars H. Barstad
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	CEO of Frontline Management AS
b)	Initial notification/ Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	Frontline plc
b)	LEI	5493004BCIKYU1YL3H63
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument  Identification code	Synthetic options giving a right to cash settlements depending on the development of the company's share price.  ISIN: CY0200352116
b)	Nature of the transaction	Lars H. Barstad has on May 29 <sup>th</sup> , 2026, been granted 115,509 synthetic options in Frontline plc (the "Company") approved by the Board of Directors of the Company on May 29 <sup>th</sup> , 2026.
c)	Price(s) and volume(s)	<b>Price(s)</b>
		<b>Volume(s)</b>
		NOK 0
		115,509 synthetic options
d)	Aggregated information — Aggregated volume — Price	115,509 synthetic options  NOK 0
e)	Date of the transaction	May 29 <sup>th</sup> , 2026
f)	Place of transaction	Off market

**Notification of transactions by persons discharging  
managerial responsibilities and persons closely associated with them**

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name	Inger M. Klemp
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	CFO of Frontline Management AS
b)	Initial notification/ Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	Frontline plc
b)	LEI	5493004BCIKYU1YL3H63
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument  Identification code	Synthetic options giving a right to cash settlements depending on the development of the company's share price.  ISIN: CY0200352116
b)	Nature of the transaction	Inger M. Klemp has on May 29 <sup>th</sup> , 2026, been granted 86,632 synthetic options in Frontline plc (the "Company") approved by the Board of Directors of the Company on May 29 <sup>th</sup> , 2026.
c)	Price(s) and volume(s)	<b>Price(s)</b>
		<b>Volume(s)</b>
		NOK 0
		86,632 synthetic options
d)	Aggregated information — Aggregated volume — Price	86,632 synthetic options  NOK 0
e)	Date of the transaction	May 29 <sup>th</sup> , 2026
f)	Place of transaction	Off market