



To NASDAQ Copenhagen

Reporting of trading in Tryg shares by senior management

30 January 2024

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Allan Kragh Thaysen
2.	Reason for notification Granting	
a)	Position/status	Executive Board - CFO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Granting
c)	Price(s) and volume(s)	Price(s): DKK 367,366 Volume(s): 2,494
d)	Aggregated information - Aggregated volume - Price	
e)	Date of transaction	30-01-2024
f)	Place of transaction	NASDAQ Copenhagen

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Alexandra Bastkær Winther
2.	Reason for notification Granting	
a)	Position/status	Executive Board - CCO

b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Granting
c)	Price(s) and volume(s)	Price(s): DKK 353,961 Volume(s): 2,403
d)	Aggregated information - Aggregated volume - Price	
e)	Date of transaction	30-01-2024
f)	Place of transaction	NASDAQ Copenhagen

Further information

Visit tryg.com or contact Investor Relations:

Investor Relations Officer, Gianandrea Roberti. Telephone +45 20 18 82 67 or
e-mail gianandrea.roberti@tryg.dk

Investor Relations Manager, Peter Brondt. Telephone +45 22 75 89 04 or
e-mail peter.brondt@tryg.dk