

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

| | |
|---------------|----------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Business name | |

About PDMR

| | |
|-----------------|-----------|
| Last name | VINDHEIM |
| First name | IVAN OLLE |
| Position / role | CEO |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi ASA |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

Description of the financial instrument/type of instrument

Instrument Financial instrument linked to a share or a debt instrument

ISIN code NO0003054108

Name of the financial instrument

Share options allocation. Strike price of NOK 247.1395.

Nature of the transaction

Transaction type Acceptance of a stock option

Share option program

The transaction is linked to an exercise of a share option program

☐ Yes ☒ No

Currency of the transaction

Currency NOK

Price(s) and volume(s)

Price per unit 43.21

Volume 200 000

Aggregated information

Average price per unit 43.21000

Aggregated volume 200 000

Total amount 8 642 000.000000

Date of the transaction

Date 6/23/2021

Place of the transaction

Trading venue XOFF - Outside a trading venue

Comment

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: ELLINGSEN
First name: KRISTIAN
Position / role: CFO

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi ASA
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: OALAND
First name: ØYVIND
Position / role: COO Farming Norway

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi ASA
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an exercise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name GALTUNG DØSVIG
First name KIM
Business name

About PDMR

Last name Hadfield
First name Ben
Position / role COO Farming Scotland, Ireland & Faroes

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name Mowi ASA
LEI number 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: Villarroel
First name: Fernando
Position / role: COO Farming Americas

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi ASA
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: BRATTVOLL
First name: OLA NILSEN
Position / role: COO Sales & Marketing

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

| | |
|--|---|
| The transaction is linked to an exercise of a share option program | <input type="radio"/> Yes <input checked="" type="radio"/> No |
|--|---|

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: KVIST
First name: ATLE
Position / role: COO Feed

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|---------|
| Price per unit | 43.21 |
| Volume | 100 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 100 000 |
| Total amount | 4 321 000.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: Martins
First name: Catarina
Position / role: Chief Technology Officer and Chief Sustainability Officer

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 43.21 |
| Volume | 25 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 25 000 |
| Total amount | 1 080 250.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

Info about the one who reports

Last name: GALTUNG DØSVIG
First name: KIM
Business name:

About PDMR

Last name: RIISE
First name: ANNE LORGEN
Position / role: Chief HR Officer

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

Business name: Mowi
LEI number: 549300W1OGQF5LZIH349

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

| | |
|--|---|
| The transaction is linked to an exercise of a share option program | <input type="radio"/> Yes <input checked="" type="radio"/> No |
|--|---|

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 43.21 |
| Volume | 25 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 25 000 |
| Total amount | 1 080 250.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- ☒ PDMR ☐ Closely associated person (natural person) ☐ Closely associated person (legal person)

About PDMR

| | |
|-----------------|------------------------|
| Last name | GALTUNG DØSVIG |
| First name | KIM |
| Position / role | IRO & Head of Treasury |

Initial notification or amendment to prior notification

- ☒ Initial ☐ Amendment

Details about the issuer or emission allowance market participant

| | |
|---------------|----------------------|
| Business name | Mowi |
| LEI number | 549300W1OGQF5LZIH349 |

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

| | |
|----------------------------------|---|
| Instrument | Financial instrument linked to a share or a debt instrument |
| ISIN code | NO0003054108 |
| Name of the financial instrument | Share options allocation. Strike price of NOK 247.1395. |

Nature of the transaction

| | |
|------------------|------------------------------|
| Transaction type | Acceptance of a stock option |
|------------------|------------------------------|

Share option program

The transaction is linked to an excersise of a share option program ☐ Yes ☒ No

Currency of the transaction

| | |
|----------|-----|
| Currency | NOK |
|----------|-----|

Price(s) and volume(s)

| | |
|----------------|--------|
| Price per unit | 43.21 |
| Volume | 25 000 |

Aggregated information

| | |
|------------------------|------------------|
| Average price per unit | 43.21000 |
| Aggregated volume | 25 000 |
| Total amount | 1 080 250.000000 |

Date of the transaction

| | |
|------|-----------|
| Date | 6/23/2021 |
|------|-----------|

Place of the transaction

| | |
|---------------|--------------------------------|
| Trading venue | XOFF - Outside a trading venue |
|---------------|--------------------------------|

Comment

| |
|--|
| |
|--|