

To NASDAQ Copenhagen

13 October 2023

Reporting of trading in Tryg shares by senior management

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

Tryg has been notified that the transactions reported has been carried out for the purpose of transferring 4,200 shares for pension planning purposes.

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Johan Kirstein Brammer
2.	Reason for notification	
a)	Position/status	CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.A	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK0061534534
b)	Name of transaction	Transfer of shares from private custodian account to pension scheme custodian account)
c)	Price(s) and volume(s)	Price(s): DKK 136.625 per share Volume(s): 4,200
d)	Aggregated information	
	- Aggregated volume	4,200 shares
	- Price	DKK 573,825
e)	Date of transaction	13.10.2023
f)	Place of transaction	Outside a trading venue (XOFF)

Further information

Visit tryg.com or contact Investor Relations:

Investor Relations Officer, Gianandrea Roberti. Telephone +45 20 18 82 67 or

e-mail gianandrea.roberti@tryg.dk

Investor Relations Manager, Peter Brondt. Telephone +45 22 75 89 04 or

e-mail peter.brondt@tryg.dk