



To NASDAQ Copenhagen

Reporting of trading in Tryg shares by senior management

26 January 2021

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

Morten Hübbe and Lars Bonde have been granted shares related to the matching shares programme from 2017, see Tryg's Remuneration policy.

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Morten Hübbe
2.	Reason for notification	
a)	Position/status	Group CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Granting
c)	Price(s) and volume(s)	Price(s): DKK 3,155,754 Volume(s): 15,349 shares
d)	Aggregated information - Aggregated volume - Price	
e)	Date of transaction	2021-01-25
f)	Place of transaction	NASDAQ Copenhagen

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Lars Bonde
2.	Reason for notification	
a)	Position/status	Group COO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Granting
c)	Price(s) and volume(s)	Price(s): DKK 1,538,094 Volume(s): 7,481 shares
d)	Aggregated information - Aggregated volume - Price	
e)	Date of transaction	2020-01-25
f)	Place of transaction	NASDAQ Copenhagen

Further information

Visit tryg.com or contact Investor Relations:

Investor Relations Officer, Gianandrea Roberti. Telephone +45 20 18 82 67 or
e-mail gianandrea.roberti@tryg.dk

Investor Relations Manager, Peter Brondt. Telephone +45 22 75 89 04 or
e-mail peter.brondt@tryg.dk