

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

The person liable:

- PDMR Closely associated person (natural person) Closely associated person (legal person)

Info about the one who reports

Last name
First name
Business name

About PDMR

Last name
First name
Position / role

Initial notification or amendment to prior notification

- Initial Amendment

Details about the issuer or emission allowance market participant

Business name
LEI number

Skjemaversjon: 46345

KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

Description of the financial instrument/type of instrument

Instrument	Share
ISIN code	BMG359472021
Name of the financial instrument	Flex LNG Ltd

Nature of the transaction

Transaction type	Acquisition
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Share option program

The transaction is linked to an exercise of a share option program Yes No

Currency of the transaction

Currency	USD
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Price(s) and volume(s)

Price per unit	30.66
Volume	1 000

Aggregated information

Average price per unit	30.66000
Aggregated volume	1 000
Total amount	30 660.000000

Date of the transaction

Date	5/16/2023
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Place of the transaction

Trading venue	Other trading venue
Other trading venue	NYSE - New York Stock Exchange
Market Identifier Code (MIC)	XNYS

Description of the financial instrument/type of instrument

Instrument

ISIN code

Name of the financial instrument

Nature of the transaction

Transaction type

Share option program

The transaction is linked to an exercise of a share option program Yes No

Currency of the transaction

Currency

Price(s) and volume(s)

Price per unit

Volume

Aggregated information

Average price per unit

Aggregated volume

Total amount

Date of the transaction

Date

Place of the transaction

Trading venue

Other trading venue

Market Identifier Code (MIC)

Comment