Primary insiders shareholding after ESPP Purchase on 19 August 2019

				Free-standing
		Shares purchased	Shareholding after	warrants related to
Employee	Position	through ESPP	ESPP purchase	PSUs/RSUs
Kristian Johansen	Chief Executive Officer	100	37,050	136,000
Sven Børre Larsen	Chief Financial Officer	100	7,100	64,000
Knut Agersborg	SVP Global Services	100	5,900	48,000
Fredrik Amundsen	SVP Europe & Asia Pacific	100	4,850	51,000
Katja Akantieva	SVP Onshore Seismic & Well Data Products	100	2,600	51,000
Will Ashby	SVP North America	100	3,314	48,000
Tana Pool	SVP Legal & HR, General Counsel	100	1,675	48,000
Stein Ove Isaksen	Executive Advisor	100	3,600	0
Vivi Suhr Engebretsen	Director Corporate Controlling	50	50	1,000