

To NASDAQ Copenhagen

15 March 2021

Reporting of trading in Tryg shares by senior management

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

Members of the Executive Board have carried out transactions in connection with Tryg's rights issue, see https://tryg.com/en/emission

1.	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Morten Hübbe		
2.	Reason for notification			
a)	Position/status	Group CEO		
b)	Initial notification/ amendment	Initial notification		
3.	Details of the issuer			
a)	Name	Tryg A/S		
b)	LEI	213800ZRS8AC4LSTCE39		
4. A	•): section to be repeated for (i) each type of instrument; (ii)		
		ii) each date; and (iv) each place where transactions have		
-)	been conducted			
a)	Description of the financial in- strument, type of	Shares (exercise of subscription rights)		
	instrument			
	Identification code	DK0061534534		
b)	Name of transaction	Exercise of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s): DKK 105 per interim share		
		Volume(s): 13,839 interim shares through exercise of 83,034		
		subscription rights		
d) Aggregated information				
	- Aggregated volume	13,839 interim shares through exercise of 83,034 subscription rights		
->	- Price	DKK 1,453,095		
e)	Date of transaction	2021-03-10		
f) 4 P	Place of transaction	Outside a trading venue (XOFF)		
4.B Details of the transaction(s): section to be repeated for (i) each type of instruments of transaction (iii) each date, and (iv) each place where transaction				
	each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial in-			
	strument, type of	Subscription rights		
	instrument			
	Identification code	DKK0061534450		
b)	Name of transaction	Sale of subscription rights in connection with rights issue		



c)	Price(s) and volume(s)	Price(s): DKK 5.038562		
		Volume(s): 250,275 subscription rights		
d)	Aggregated information - Aggregated volume - Price	250,275 subscription rights DKK 1,261,024		
e)	Date of transaction	2021-03-10		
f)	Place of transaction	NASDAQ Copenhagen A/S (XCSE)		
4.C): section to be repeated for (i) each type of instrument; (ii) ii) each date; and (iv) each place where transactions have		
a)	Description of the financial in- strument, type of instrument	Shares (exercise of subscription rights)		
	Identification code	DK0061534534		
b)	Name of transaction	Exercise of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s): DKK 105 per interim share		
		Volume(s): 6,988 interim shares through exercise of 41,928 sub- scription rights		
d)	Aggregated information - Aggregated volume - Price	6,988 interim shares through exercise of 41,928 subscription rights DKK 733,740		
e)	Date of transaction	2021-03-11		
f)	Place of transaction	Outside a trading venue (XOFF)		
4.D Details of the transaction(s): section to be repeated for (i) each type of inst		;): section to be repeated for (i) each type of instrument; (ii)		
		ii) each date; and (iv) each place where transactions have		
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a)	been conducted Description of the financial in- strument, type of			
a) b)	been conducted Description of the financial in- strument, type of instrument	Subscription rights		
	been conducted Description of the financial in- strument, type of instrument Identification code	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832		
b)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue		
b) c)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights		
b) c) d)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights DKK 6,518,387		
b) c) d) e)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights DKK 6,518,387 2021-03-11		
b) c) d) e) f)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights DKK 6,518,387 2021-03-11 NASDAQ Copenhagen A/S (XCSE)		
b) c) d) e) f)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights DKK 6,518,387 2021-03-11 NASDAQ Copenhagen A/S (XCSE) S: section to be repeated for (i) each type of instrument; (ii)		
b) c) d) e) f)	been conducted Description of the financial in- strument, type of instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction Details of the transaction(s each type of transaction; (i	Subscription rights DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.385832 Volume(s): 1,210,284 subscription rights 1,210,284 subscription rights DKK 6,518,387 2021-03-11 NASDAQ Copenhagen A/S (XCSE) S): section to be repeated for (i) each type of instrument; (ii) ii) each date; and (iv) each place where transactions have		



	Identification code	DK0061534534	
b)	Name of transaction	Exercise of subscription rights in connection with rights issue	
c)	Price(s) and volume(s)	Price(s): DKK 105 per interim share	
		Volume(s): 22,933 interim shares through exercise of 137,598	
		subscription rights	
d)	Aggregated information	22,933 interim shares through exercise of 137,598 subscription rights DKK 2,407,965	
	 Aggregated volume 		
	- Price		
e)	Date of transaction	2021-03-12	
f)	Place of transaction	Outside a trading venue (XOFF)	

1.	Details of the person discha	harging managerial responsibilities/person closely associated		
a)	Name	Barbara Plucnar Jensen		
2.	Reason for notification			
a)	Position/status	Group CFO		
b)	Initial notification/ amendment	Initial notification		
3.	Details of the issuer			
a)	Name	Tryg A/S		
b)	LEI	213800ZRS8AC4LSTCE39		
4.	•	s): section to be repeated for (i) each type of instrument; (ii) iii) each date; and (iv) each place where transactions have		
a)	Description of the financial in- strument, type of instrument	Shares (exercise of subscription rights)		
	Identification code	DK0061534534		
b)	Name of transaction	Exercise of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s):DKK 105 per interim shareVolume(s):15,787 interim shares through exercise of 94,722subscription rights		
d)	Aggregated information - Aggregated volume - Price	15,787 interim shares through exercise of 94,722 subscription rights DKK 1,657,635		
e)	Date of transaction	2021-03-10		
f)	Place of transaction	Outside a trading venue (XOFF)		

1.	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name Johan Kirstein Brammer			
2.	Reason for notification			
a)	Position/status	Group CCO		
b)	Initial notification/ Initial notification amendment			



a) Name Tryg A/S b) LET 213800ZRS8AC4LSTCE39 c) LET 213800ZRS8AC4LSTCE39 c) Let conducted 2 c) Price(s) of the transaction; (iii) each date; and (iv) each place where transactions have been conducted c) c) Price(s) and volume(s) Price(s): DKK 105 per interim share volume(s): 1,847 interim shares through exercise of 11,082 subscription rights conducted c) c) Price(s) and volume(s) Price(s): DKK 105 per interim share volume(s): 2021-03-10 c) Pace of transaction 2021-03-10 c) Pace of transaction(s): section to be repeated for (i) each type of instrument; (ii) each date; and (iv) each place where transactions have been conducted c) c) Price(s) and volume(s) Price(s): DKK 103,935 c) Date of transaction 2021-03-10 c) Place of transaction(s): section to be repeated for (i) each type of instrument; (ii) each date; and (iv) each place where transactions have been conducted c) c) Price(s) and volume(s) Price(s): DKK 5.0 c) Price(s) and volume	3.	Details of the issuer			
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strument, type of instrumentSubscription rightsIdentification codeDKK0061534450b)Name of transactionSale of subscription rights in connection with rights issuec)Price(s) and volume(s)Price(s):DKK 5.0 Volume(s):226,297 subscription rightsd)Aggregated information - Aggregated volume226,297 subscription rightse)Date of transaction2021-03-10f)Place of transaction2021-03-10f)Place of transactionSection to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducteda)Description of the financial in- strument, type of instrumentShares (exercise of subscription rights)instrumentDK0061534534			iii) each date; and (iv) each place where transactions have		
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b) Name of transaction Sale of subscription rights in connection with rights issue c) Price(s) and volume(s) Price(s): DKK 5.0 Volume(s): 226,297 subscription rights d) Aggregated information - Aggregated volume - Price 226,297 subscription rights DKK 1,131,485 Price e) Date of transaction 2021-03-10 DKK 5.0 f) Place of transaction Volume(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial in- strument, type of instrument Shares (exercise of subscription rights) instrument DK0061534534		strumont type of			
b) Name of transaction Sale of subscription rights in connection with rights issue c) Price(s) and volume(s) Price(s): DKK 5.0 Volume(s): 226,297 subscription rights d) Aggregated information - Aggregated volume - Price 226,297 subscription rights DKK 1,131,485 Price e) Date of transaction 2021-03-10 DKK 5.0 f) Place of transaction Volume(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial in- strument, type of instrument Shares (exercise of subscription rights) instrument DK0061534534			Subscription rights		
c)Price(s) and volume(s)Price(s):DKK 5.0 Volume(s):226,297 subscription rightsd)Aggregated information - Aggregated volume - Price226,297 subscription rights DKK 1,131,485e)Date of transaction2021-03-10f)Place of transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducteda)Description of the financial in- strument, type of instrumentShares (exercise of subscription rights)instrumentDK0061534534		instrument			
Volume(s): 226,297 subscription rights d) Aggregated information - Aggregated volume - Aggregated volume - Price Date of transaction 2021-03-10 f) Place of transaction Price DKK 1,131,485 e) Date of transaction 2021-03-10 f) Place of transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial instrument, type of instrument instrument Shares (exercise of subscription rights) instrument DK0061534534	b)	instrument Identification code	DKK0061534450		
d)Aggregated information226,297 subscription rights-Aggregated volume226,297 subscription rights-PriceDKK 1,131,485e)Date of transaction2021-03-10f)Place of transaction(s): section to be repeated for (i) each type of instrument; (ii)each type of transaction(s): section to be repeated for (i) each type of instrument; (ii)each type of transaction; (iii) each date; and (iv) each place where transactions havebeen conducteda)Description of the financial in- strument, type of instrumentIdentification codeDK0061534534		instrument Identification code Name of transaction	DKK0061534450 Sale of subscription rights in connection with rights issue		
 Aggregated volume 226,297 subscription rights Price DKK 1,131,485 Date of transaction 2021-03-10 Place of transaction NASDAQ Copenhagen A/S (XCSE) Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted Description of the financial instrument, type of instrument Identification code DK0061534534 		instrument Identification code Name of transaction	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0		
 e) Date of transaction 2021-03-10 f) Place of transaction NASDAQ Copenhagen A/S (XCSE) 4.C Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial instrument, type of instrument instrument identification code DK0061534534 	c)	instrument Identification code Name of transaction Price(s) and volume(s)	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0		
f)Place of transactionNASDAQ Copenhagen A/S (XCSE)4.CDetails of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducteda)Description of the financial in- strument, type of instrumentShares (exercise of subscription rights)Identification codeDK0061534534	c)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights		
 4.C Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial instrument, type of Shares (exercise of subscription rights) instrument Identification code DK0061534534 	c)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights		
each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted a) Description of the financial instrument, type of instrument Identification code DK0061534534	c) d)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485		
been conducted a) Description of the financial in- strument, type of instrument Identification code DK0061534534	c) d) e)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10		
a) Description of the financial in- strument, type of Shares (exercise of subscription rights) instrument Identification code DK0061534534	c) d) e) f)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE)		
strument, type of instrument Shares (exercise of subscription rights) Identification code DK0061534534	c) d) e) f)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction Details of the transaction(s	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE) 5): section to be repeated for (i) each type of instrument; (ii)		
instrument Identification code DK0061534534	c) d) e) f)	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction Details of the transaction(s each type of transaction; (i	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE) 5): section to be repeated for (i) each type of instrument; (ii)		
	c) d) e) f) 4.C	instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction Place of transaction Details of the transaction(s each type of transaction; (i been conducted	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE) S): section to be repeated for (i) each type of instrument; (ii) ii) each date; and (iv) each place where transactions have		
	c) d) e) f) 4.C	<pre>instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information - Aggregated volume - Price Date of transaction Place of transaction Place of transaction Seach type of transaction; (i been conducted Description of the financial in- strument, type of</pre>	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE) S): section to be repeated for (i) each type of instrument; (ii) ii) each date; and (iv) each place where transactions have		
	c) d) e) f) 4.C	 instrument Identification code Name of transaction Price(s) and volume(s) Aggregated information Aggregated volume Price Date of transaction Place of transaction Details of the transaction(see ach type of transaction; (ibeen conducted) Description of the financial instrument, type of instrument 	DKK0061534450 Sale of subscription rights in connection with rights issue Price(s): DKK 5.0 Volume(s): 226,297 subscription rights 226,297 subscription rights DKK 1,131,485 2021-03-10 NASDAQ Copenhagen A/S (XCSE) S): section to be repeated for (i) each type of instrument; (ii) ii) each date; and (iv) each place where transactions have Shares (exercise of subscription rights)		



c)	Price(s) and volume(s)	Price(s): DKK 105 per interim share /olume(s): 4,074 interim shares through exercise scription rights	e of 24,444 sub-
d)	Aggregated information - Aggregated volume - Price	1,074 interim shares through exercise of 24,444 sul DKK 427,770	oscription rights
e)	Date of transaction	2021-03-12	
f)	Place of transaction	Dutside a trading venue (XOFF)	

1.	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Lars Bonde		
2.	Reason for notification			
a)	Position/status	Group COO		
b)	Initial notification/ amendment	initial notification		
3.	Details of the issuer			
a)	Name	Tryg A/S		
b)	LEI	213800ZRS8AC4LSTCE39		
4.A	Details of the transaction(s	:): section to be repeated for (i) each type of instrument; (ii)		
	each type of transaction; (i	ii) each date; and (iv) each place where transactions have		
	been conducted			
a)	Description of the financial in-			
	strument, type of instrument	Shares (exercise of subscription rights)		
	Identification code	DK0061534534		
b)	Name of transaction	Exercise of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s):DKK 105 per interim shareVolume(s):1,240 interim shares through exercise of 7,440 sub- scription rights		
d)	Aggregated information - Aggregated volume - Price	1,240 interim shares through exercise of 7,440 subscription rights DKK 130,200		
e)	Date of transaction	2021-03-10		
f)	Place of transaction	Outside a trading venue (XOFF)		
4.B	Details of the transaction(s	s): section to be repeated for (i) each type of instrument; (ii)		
	each type of transaction; (i	ii) each date; and (iv) each place where transactions have		
	been conducted			
a)	Description of the financial in- strument, type of instrument	Subscription rights		
	Identification code	DKK0061534450		
b)	Name of transaction	Sale of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s): DKK 5.0025		
		Volume(s): 161,242 subscription rights		
d)	Aggregated information			



	- Aggregated volume	161,242 subscription rights		
->	- Price	DKK 806,612 2021-03-10		
e)	Date of transaction			
f)	Place of transaction	NASDAQ Copenhagen A/S (XCSE)		
4.C	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have			
	been conducted	in) each date, and (iv) each place where transactions have		
a)	Description of the financial in-			
u)	strument, type of	Subscription rights		
	instrument			
	Identification code	DKK0061534450		
b)	Name of transaction	Sale of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s): DKK 5.0008		
		Volume(s): 360,402 subscription rights		
d)	Aggregated information			
	 Aggregated volume 	360,402 subscription rights		
	- Price	DKK 1,802,290		
e)	Date of transaction	2021-03-11		
f)	Place of transaction	NASDAQ Copenhagen A/S (XCSE)		
4.D Details of the transaction(s): section to be repeated for (i) each type of instrumer				
	been conducted	ii) each date; and (iv) each place where transactions have		
a)	Description of the financial in-			
u)	strument, type of	Shares (exercise of subscription rights)		
	instrument			
	Identification code	DK0061534534		
b)	Name of transaction	Exercise of subscription rights in connection with rights issue		
c)	Price(s) and volume(s)	Price(s): DKK 105 per interim share		
		Volume(s): 15,204 interim shares through exercise of 91,224 sub-		
		scription rights		
d)	Aggregated information	15 204 interim channel through councies of 01 224 subscription visites		
	 Aggregated volume Price 	15,204 interim shares through exercise of 91,224 subscription righ		
e)	Date of transaction	DKK 1,596,420 2021-03-12		
e) f)	Place of transaction	2021-03-12 Outside a trading venue (XOFF)		
4.E		s): section to be repeated for (i) each type of instrument; (ii)		
	•	ii) each date; and (iv) each place where transactions have		
	been conducted			
a)	Description of the financial in-			
	strument, type of	Subscription rights		
	instrument			
	Identification code	DKK0061534450		
b)	Name of transaction	Sale of subscription rights in connection with rights issue		



c)	Price(s) and volume(s)	Price(s): Volume(s):	DKK 6.0500 5,770 subscription rights
d)	Aggregated information - Aggregated volume - Price	5,770 subscri DKK 34,908	ption rights
e) f)	Date of transaction Place of transaction	2021-03-12 NASDAQ Copenhagen A/S (XCSE)	

Further information

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