Notification of transactions by Primary Insiders and Close Associates

1	Details of the Primary Insider/Close Associate			
a)	Name	TFBConsulting AS		
2	Reason for the notification	n		
a)	Position/status	The notification concerns a legal person closely associated with a Primary Insider: Thomas Fredrick Borgen, board member of Vow ASA.		
b)	Initial notification/ Amendment	Initial notification.		
3	Details of Vow ASA, emis auction monitor	sion allowance market participant, auction platform, auctioneer or		
a)	Name	Vow ASA		
b)	LEI	5967007LIEEXZXGUAO90		
4		(s): section to be repeated for (i) each type of instrument; (ii) each type date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Nature of the instrument: Share Instrument identification code (ISIN): NO0010708068		
b)	Nature of the transaction	Purchase of shares. Transaction is not linked to the exercise of a share option programme.		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		3,0000	25 000	
		Transaction currency in NOK.		
		Price per share: NOK 3,0000 Volume: 25 000 shares Total sum of shares purchased: NOK 75 000		
d)	Aggregated information — Aggregated volume — Price	Volume: 25 000 shares	DK 75 000	
d) e)	 Aggregated volume 	Volume: 25 000 shares	DK 75 000	

Notification of transactions by Primary Insiders and Close Associates

1	Details of the Primary Insider/Close Associate			
a)	Name	Cecilie Lind		
2	Reason for the notification	tion		
a)	Position/status	The notification concerns a Primary Insider: Cecilie Lind, board member of Vow ASA.		
b)	Initial notification/ Amendment	Initial notification.		
3	Details of Vow ASA, emis auction monitor	sion allowance market participant, auction platform, auctioneer or		
a)	Name	Vow ASA		
b)	LEI	5967007LIEEXZXGUAO90		
4		(s): section to be repeated for (i) each type of instrument; (ii) each type date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Nature of the instrument: Share Instrument identification code (ISIN): NO0010708068		
b)	Nature of the transaction	Purchase of shares. Transaction is not linked to the exercise of a share option programme.		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		2,94	1000	
		Transaction currency in NOK.		
		Transaction currency in NOK.		
d)	Aggregated information — Aggregated volume — Price	Transaction currency in NOK. Price per share: NOK 2,94 Volume: 1 000 shares Total sum of shares purchased: NO	К 2 940	
d) e)	 Aggregated volume 	Price per share: NOK 2,94 Volume: 1 000 shares	К 2 940	